Treasures of Québec City and Ottawa
CASTLES AND CITYSCAPES OF EASTERN CANADA
July 17 to 23, 2011

a program of the stanford alumni association
The architecture and scenery of Québec City and Ottawa are some of the most beautiful in North America and provide Americans access to a rich cultural and historic heritage of European origins. Join Canadian historians Barry Lane and David Mendel, who together have taught scores of Stanford travelers about the importance and extraordinary beauty of this part of Canada. As an added bonus, we travel from charming Québec City to the national capital of Ottawa by train, stopping along the way to explore the highlights of Montréal. We hope you can join us.

Highlights

Delight in romantic accommodations at the historic Château Frontenac in Québec City and the Château Laurier in Ottawa.

Take an insider’s tour of The Citadelle, official home of Canada’s Governor General, and dine in one of Québec City’s most exclusive clubs.

Ride in first class aboard the VIA Rail to Ottawa and enjoy a guided tour of the National Gallery’s special exhibit, Caravaggio and His Circle in Rome.
SUNDAY, JULY 17
DEPART U.S. / QUEBEC CITY, CANADA
Fly from home to Québec City, the only fortified city in North America and a UNESCO World Heritage site. Upon arrival, transfer to our historic castle-like hotel, dramatically perched on a cliff overlooking the city. This evening, gather for a welcome cocktail reception and dinner in our hotel.

FAIRMONT LE CHATEAU FRONTENAC (D)

MONDAY, JULY 18
QUEBEC CITY
Following a morning lecture, enjoy a walking tour of Québec City, a bastion of French-Canadian culture. The Old Town boasts historic merchant homes that feature traditional, Normandy-style roofs. After lunch at a local restaurant, tour the Museum of Civilization and enjoy some time for independent exploration. This evening gather in one of the city’s most exclusive private clubs for dinner.

FAIRMONT LE CHATEAU FRONTENAC (B,L,D)

TUESDAY, JULY 19
QUEBEC CITY
After a second morning lecture, depart for an insider’s tour of The Citadelle, traditional residence of Canada’s Governor General located on a cliffside overlooking the St. Lawrence River. Examine rooms and halls of this great, star-shaped fortress, part of the fortifications of Québec City, and see where Churchill and Roosevelt met to discuss World War II strategy in 1943–44. Continue to the Island of Orleans for lunch and visit Montmorency Falls, the highest falls in Québec province and nearly 100 feet taller than Niagara. Return to our hotel where dinner and the rest of the evening are on our own.

FAIRMONT LE CHATEAU FRONTENAC (B,L)

WEDNESDAY, JULY 20
QUEBEC CITY / MONTREAL / OTTAWA
Transfer to the train station where we board first-class cars on the VIA Rail bound for Ottawa. Step off the train in Montréal for a light lunch and afternoon tour that includes the Old City, with its narrow cobblestone streets and Victorian homes. Window-shop at the boutiques of historic St. Paul Street and admire the neo-gothic architecture of Nôtre-Dame Basilica. Reboard the train and continue our journey to Ottawa, enjoying dinner on board. Upon arrival, check in to our historic hotel in the heart of the city.

FAIRMONT CHATEAU LAURIER (B,L,D)

THURSDAY, JULY 21
OTTAWA
Begin our exploration of Canada’s capital city at the National Gallery, with an exceptional curatorial tour of the visiting exhibit entitled Caravaggio and his Circle in Rome, featuring paintings by some of the most
important European artists of the Baroque period. After lunch at the National Gallery, enjoy some free time for independent exploration and dinner on one’s own.

FAIRMONT CHATEAU LAURIER (B,L)

FRIDAY, JULY 22
OTTAWA
This morning visit Parliament Hill with its Gothic revival suite of buildings that serve as the home of the Parliament of Canada. Continue to the Museum of Civilization, Canada’s national museum of human history and culture, where we enjoy lunch and a guided tour of some of the featured exhibits. The rest of the afternoon is free for independent exploration of Ottawa. Gather this evening for a farewell reception and dinner in our hotel.

FAIRMONT CHATEAU LAURIER (B,L,D)

SATURDAY, JULY 23
OTTAWA / U.S.
After breakfast at our hotel, transfer to the airport for flights home. (B)

Our Historic Hotels

For more than a century, the Fairmont Le Château Frontenac and Le Château Laurier hotels have stood as grand centerpieces of their respective cities.

Built in the late 19th century by William Van Horne, President of Canadian Pacific (CP) Railway, and designed by New York architect Bruce Price, Le Château Frontenac (above) stands on Québec City’s highest promontory and served as the ideal stopover for CP travelers. This romantic property has provided hospitality to such esteemed personalities as King George VI and Queen Elizabeth of Great Britain, Princess Grace of Monaco, Charles de Gaulle and Charles Lindberg.

As the centerpiece of Canada’s capital, Le Château Laurier stands majestically between Parliament Hill and the Ottawa River. Commissioned in 1907 by Charles Melville Hays, General Manager of the Grand Trunk Railway of Canada, the property was built in the French Renaissance style. An historical monument in itself, the hotel was once dubbed “the third chamber of Parliament” in reference to the number of politicians roaming the corridors. In its rooms, political deals were made, careers launched or destroyed, and governments created and dissolved.
Information

D A T E S
July 17 to 23, 2011 (7 days)

S I Z E
Limited to 50 participants

C O S T *
$4,995 per person, double occupancy
$5,995 per person, single occupancy
*Association nonmembers add $200 per person

I N C L U D E D
6 nights of deluxe hotel accommodations ▪ 6 breakfasts, 5 lunches and 4 dinners ▪ Welcome and farewell cocktail receptions ▪ Gratuities to porters, guides, waiters and drivers for all group activities ▪ All tours and excursions as described in the itinerary ▪ Transfers and baggage handling between the airports and our group hotels ▪ Minimal medical, accident and evacuation insurance ▪ Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information ▪ Services of our professional tour manager to assist you throughout the program

N O T I N C L U D E D
International and U.S. domestic airfare ▪ Passport and visa fees ▪ Immunization costs ▪ Meals and beverages other than those specified as included ▪ Trip-cancellation/interruption and baggage insurance ▪ Excess-baggage charges ▪ Personal items such as email, telephone and fax calls, laundry and gratuities for nongroup services

W H A T T O E X P E C T
We consider this program to be mildly active. Most of our touring is done by motorcoach and on foot. Full days are balanced with plenty of free time on one’s own. Daily excursions may involve one to two miles of walking on city streets, which are, in some cases, uneven or cobblestoned. In some instances, such as museums, guided tours require standing for long periods at a time and climbing up and down several flights of stairs. Some sites and museums do not allow buses to pull up in front, thus requiring a 10- or 15-minute walk to reach the entrance. Participants must be physically fit and in active good health. We welcome travelers 15 years of age and older on this program.
Deposit & Final Payment
A $1,000-per-person deposit is required to hold space on the Treasures of Québec City and Ottawa. Complete and return the attached reservation form or sign up online at www.stanfordalumni.org/trip?quebec2011. Final payment is due 120 days prior to departure.

Cancellations & Refunds
Deposits and any payments are fully refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply. We recommend trip-cancellation insurance; applications will be sent to you.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. We strongly recommend that you subscribe to optional baggage and trip-cancellation insurance. A brochure offering such insurance will be mailed with your confirmation about one week after we receive your deposit. The product offered in this brochure includes a special Waiver of Pre-Existing Conditions and coverage for Financial Insolvency and Terrorist Acts if you postmark your insurance payment within 15 days of the date listed on the confirmation letter.

Eligibility
We encourage membership in the Alumni Association as the program cost for nonmembers is $200 more than the members’ price. Stanford alumni may become Annual ($75) or Life ($495) Members. Stanford parents, faculty, staff, interns, residents and fellows may become Installment Members ($90 down, $115/year for four years) or Life Members ($495). Nonalumni may become Life Affiliates (one-time fee, $650). Parents and their children under 21 may travel on one membership. For more information or to purchase a membership, visit www.stanfordalumni.org/membership or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties.

Baggage is carried at the owner’s risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in September 2010 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign a Release of Liability.
Facility Leaders

BARRY LANE, a native of Saskatchewan, studied history at the Royal Military College of Canada and served as an officer in the Canadian Army. His interest in North America’s European roots, and how they have evolved differently in Canada and the U.S., led to a passion for educational travel and a desire to provide visitors to Canada with a unique perspective on his country’s history and cultures. He co-founded Mendel Tours (formerly Canadian Cultural Landscapes) in 1984 with fellow historian David Mendel and has helped hundreds of Stanford travelers discover the wonders of his native land.

DAVID MENDEL studied in Toronto and Paris before moving to Québec City in 1976. After completing a masters thesis in art history and doctoral studies at Laval University, he co-founded Mendel Tours with Barry Lane. He maintains his passion for the history and architecture of Québec City and the surrounding region, and is currently writing the second in a four-book series on the subject. Mr. Mendel is also president of the Foundation of the Cathedral of the Holy Trinity – the first Anglican cathedral built outside the British Isles – and is a member of the Consulting Committee for Religious Architecture of the City of Québec.

Reservation Form
Treasures of Québec City and Ottawa

NAME
AGE
STANFORD CLASS

ADDRESS
CITY / STATE / ZIP

PHONE

EMAIL ADDRESS

NAME
AGE
STANFORD CLASS

Here is my deposit of $________ ($1,000 per person) for _____ space(s).

☐ Enclosed is my check
☐ Charge my deposit to my:
  ☐ Visa ☐ MasterCard ☐ American Express

CARD #

EXPIRATION DATE

CARDHOLDER SIGNATURE

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at www.stanfordalumni.org/trip?quebec2011. Please submit your reservation only once to avoid multiple charges to your account.
“Barry Lane was just the right faculty leader for this group. He enlightened us so much with his incredible passion for his country and its history. We were swept up by his knowledge, enjoyable personality and sense of humor.”

DONNA AND CHANNING ROBERTSON, MS ’68, PHD ’70, TRANS-CANADA RAIL EXPEDITION, 2010