PERU
IN THE FOOTSTEPS OF THE INCA
from the Sacred Valley to Machu Picchu
August 26 to September 5, 2011

a program of the stanford alumni association
If you’ve never been to Machu Picchu, there’s no better way to see it than in the company of Stanford veteran faculty leader John Rick. His intimate knowledge of Peru’s archaeological wonders provides unique insights into a long-lost civilization that truly bring the past to life. Of course, there’s even more to see beyond this famous Inca stronghold, including the enchanting towns in the Sacred Valley and the stunning colonial architecture of Cuzco. What better time to visit than in 2011: the 100th anniversary of American historian/explorer Hiram Bingham’s discovery of Machu Picchu. We hope you can join us!

BRETT S. THOMPSON, ’83, DIRECTOR, STANFORD TRAVEL/STUDY

Highlights

EXPLORE Cuzco, the oldest continuously inhabited city in the Western Hemisphere and the southern capital of the Inca Empire.

DISCOVER picturesque Andean markets and impressive archaeological ruins in the fertile Sacred Valley.

CHOOSE your own adventure to Machu Picchu: by train alongside the scenic Urubamba River or on a four-day trek on the famed Inca Trail.

PLAZA DE ARMAS, CUSCO
Friday & Saturday, August 26 & 27
Depart U.S. / Lima, Peru / Cuzco
Depart on overnight flights to Cuzco via Lima. Upon arrival in Cuzco on Saturday, check in to our hotel and take time to rest and adjust to the high altitude. After an independent lunch, enjoy a relaxing stroll along charming cobblestoned streets to some of Cuzco’s key monuments, including the Plaza de Armas and the magnificent Santo Domingo church built atop the Inca temple of Coricancha. Gather for a welcome reception and dinner at a local restaurant Saturday evening. HOTEL NOVOTEL CUZCO (8/27: D)

Sunday, August 28
Cuzco / Sacsayhuaman / Pisac / Ollantaytambo
Just outside Cuzco, explore the immense archaeological complex of Sacsayhuaman, where huge stone blocks, some weighing more than 200 tons, were used to construct the walls. Continue to the Sacred Valley lined with picturesque Andean markets, impressive churches and remarkable Inca ruins. Bargain with textile craftsmen in Pisac, stop by the fruit-and-vegetable market and enjoy lunch in a local restaurant. Visit the studio of an artist who uses ancient Peruvian techniques in his contemporary ceramic pieces. Check in to our hotel in Ollantaytambo and head to a local restaurant for dinner. HOTEL PAKARITAMPU (B,L,D)

Monday, August 29
Sacred Valley / Ollantaytambo
Spend the morning relaxing at our hotel or enjoy an optional horseback ride (at an additional cost) through the Sacred Valley, riding through scenic farmland and visiting Quechua villages along the way. After lunch on our own, take a guided walking tour of Ollantaytambo, including a visit to a family home and an exploration of the town’s great fortress. Dinner is on our own this evening. HOTEL PAKARITAMPU (B)

Tuesday, August 30
Chinchero / Moray / Maras / Ollantaytambo
Spend the morning visiting the town of Chinchero and its ruins. Continue to the archaeological site of Moray, comprised of impressive agricultural terraces, and the pre-Columbian salt mines of Maras that are still active today. Enjoy a late lunch along the Urubamba River before returning to the hotel and spending the remainder of the afternoon and evening at leisure. (Participants wishing to hike the Inca Trail please refer to the sidebar for a description of this optional four-day trek). HOTEL PAKARITAMPU (BL)

Wednesday, August 31
Patakancha / Pumamarca / Ollantaytambo
Travel to the remote Andean village of Patakancha, where inhabitants still live off their llamas and alpacas. Visit with local school children and learn about the community’s traditional ways of life. After lunch, enjoy an optional hike to the small site of Pumamarca. Return to Ollantaytambo for dinner and an evening at leisure. HOTEL PAKARITAMPU (BL)

Thursday, September 1
Machu Picchu / Aguas Calientes
Board a train for the dramatic journey to Machu Picchu, the great city abandoned by the Inca, reclaimed by the forest and hidden from view until American archaeologist Hiram Bingham rediscovered it in 1911. Spend the afternoon exploring...
the altars, temples, fountains, staircases and terraced gardens that make this legendary city a true wonder of the world. Those who prefer may disembark the train outside the site and hike with a private guide along a spur of the Inca Trail to Machu Picchu (at an additional cost). Enjoy dinner at our hotel in Aguas Calientes tonight.

INKATERRA MACHU PICCHU (B,D)
FRIDAY, SEPTEMBER 2
Machu Picchu / Aguas Calientes

Return to Machu Picchu to continue exploring the ruins. Options include a guided hike up to the Sun Gate or a more challenging climb to the top of Huayna Picchu. INKATERRA MACHU PICCHU (B,L)

SATURDAY, SEPTEMBER 3
Aguas Calientes / Cuzco

Relax this morning, take a guided nature walk on our hotel grounds to learn about the fascinating flora and fauna of the region, or shop for souvenirs in the local craft market. This afternoon, take the train back to Ollantaytambo, retracing our route through the Urubamba Valley. Transfer by coach to Cuzco and gather for a farewell reception and dinner at a fine local restaurant. HOTEL NOVOTEL CUSCO (B,D)

Hiking the Inca Trail
AUGUST 30 TO SEPTEMBER 2 (4 DAYS)

Travelers looking for a more active experience have the option of reaching Machu Picchu by way of the Inca Trail at no additional cost. Each day of the four-day trek involves six to eight hours of hiking over mountain passes and through verdant valleys, much of it on the original stone trail carved by the Inca hundreds of years ago. Elevations average around 10,000 feet above sea level, with the highest pass at 13,800 feet. A team of highly trained and experienced guides, cooks and porters accompany us to ensure the most pleasant trekking experience possible. All camping equipment except sleeping bags is provided, and hot meals are prepared three times a day. While no previous trekking or technical climbing experience is required, all trekkers must be in excellent physical condition. Trail permits are available on a first-come, first-served basis and typically sell out four to five months in advance. Please indicate at the time of booking if you wish to participate in this option. For detailed information on the trek itinerary and what’s included, please contact our office or go online: www.stanfordalumni.org/trip?peru2011.
Information

D A T E S
August 26 to September 5, 2011
(11 days)

S I Z E
Limited to 34 participants

C O S T *
$5,595 per person, double occupancy
$7,595 per person, single occupancy
*Association nonmembers add $200 per person

I N C L U D E D **
8 nights of deluxe hotel accommodations • 8 breakfasts, 3 lunches and 5 dinners • Welcome and farewell cocktail receptions • Bottled water at group meals and on excursions • Gratuities to porters, guides, waiters, hotel staff and drivers for all group activities • All tours and excursions as described in the itinerary • Transfers and baggage handling on program arrival and departure days • Minimal medical, accident and evacuation insurance • Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information • Services of our professional tour manager to assist you throughout the program

N O T I N C L U D E D
International and domestic airfare • Passport and visa fees • Immunization costs • Meals and beverages other than those specified as included • Optional horseback ride on August 29 ($190 per person) • Optional day hike into Machu Picchu on September 1 ($625 per person) • Optional city tour of Lima on September 4 ($155 per person) • Independent and private transfers • Trip-cancellation/ interruption and baggage insurance • Excess-baggage charges • Personal items such as email, telephone and fax calls, laundry and gratuities for nongroup services

A I R A R R A N G E M E N T S
International and domestic airfare is not included in the program cost. Round-trip, economy-class airfare from San Francisco to Cuzco is approximately $1,200 as of September 2010 and is subject to change without notice. Information on recommended flight itineraries will be sent by our designated agent.

W H A T T O E X P E C T
We consider this program to be moderately strenuous and geared for the active traveler who is physically fit and in good health. Travel in the Peruvian Andes puts us at high altitudes, from 7,800 feet above sea level in Machu Picchu to 11,000 feet in Cuzco. Full days are balanced with plenty of free time on one’s own. Typical excursions involve one to three miles of walking, often on uneven terrain such as cobblestoned streets or large archaeological sites where steps are steep and without handrails. We welcome travelers 15 years of age and older on this program.

* To see what’s included and what to expect on the Inca Trail trek, please go to www.stanfordlumni.org/trip?peru2011.
Deposit & Final Payment
A $1,000 per-person deposit is required to hold space for Peru: In the Footsteps of the Inca. Final payment is due 120 days prior to departure.

Cancellations & Refunds
Deposits and any payments are fully refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply. We recommend trip-cancellation insurance; applications will be sent to you.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. We strongly recommend that you subscribe to optional baggage and trip-cancellation insurance. A brochure offering such insurance will be mailed with your confirmation about one week after we receive your deposit. The product offered in this brochure includes a special Waiver of Pre-Existing Conditions and coverage for Financial Insolvency and Terrorist Acts if you postmark your insurance payment within 15 days of the date listed on the confirmation letter.

Eligibility
We encourage membership in the Alumni Association as the program cost for nonmembers is $200 more than the members’ price. Stanford alumni may become Annual ($75) or Life ($495) Members. Stanford parents, faculty, staff, interns, residents and fellows may become Installment Members ($30 down, $115/year for four years) or Life Members ($495). Nonalumni may become Life Affiliates (one-time fee, $650). Parents and their children under 21 may travel on one membership. For more information or to purchase a membership, visit www.stanfordalumni.org/membership or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in September 2010 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

Terms & Conditions

California Seller of Travel Program Registration #2048 523-50

© COPYRIGHT 2010 STANFORD ALUMNI ASSOCIATION. ALL RIGHTS RESERVED. PHOTOS: GLOBAL ADRENALINE
PRINTED ON RECYCLED, FSC-CERTIFIED PAPER IN THE U.S.
Reservation Form  Peru: In the Footsteps of the Inca

Here is my deposit of $________ ($1,000 per person) for _____ space(s).

- Enclosed is my check (payable to Stanford Alumni Association)  OR
- Charge my deposit to my:  
  ☐ Visa  ☐ MasterCard  ☐ American Express

CARD #
EXPIRATION DATE
CARDHOLDER SIGNATURE DATE

If this is a reservation for one person, please indicate:
- ☐ I wish to have single accommodations.
- ☐ I plan to share accommodations with:
- ☐ I’d like to know about possible roommates.

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at www.stanfordalumni.org/trip?peru2011. Please submit your reservation only once to avoid multiple charges to your account.

JOHN RICK, associate professor of anthropology at Stanford, fell in love with archaeology at the age of six while escorting his parents on a plant-hunting expedition to South America. Exploring desert mud-brick cities and visiting sites such as Machu Picchu inspired a lifelong archaeological career. He has studied early hunter-gatherers of the high grassland plateaus and is currently working in the Peruvian highlands at the monumental early site of Chavin de Huantar. One of our most popular faculty leaders, Professor Rick has led numerous Stanford trips to North, Central and South America, the Near East and Africa, including nine previous programs to Peru.

- Joined the Stanford faculty in 1978
- Has participated in archaeological excavations in California, Arizona, New Mexico, Illinois, Michigan, Mexico, Peru and France
- Masters and PhD, anthropology, University of Michigan

“John Rick is an amazing person, professor and archaeologist. He clearly, expertly and professionally pulled us into his world of archaeology and his love of Peru.”

JOANNE SCHOLZ, PERU SUITCASE SEMINAR, 2007
“I saw more in 10 days than I could have seen in one month on my own. The lectures made the ruins and the history around us all the more accessible, interactive and enlightening.”

MARK BYER, ’96, INCA TRAIL AND MACHU PICCHU EXPEDITION, 2005