Unseen Japan

HIDDEN GEMS OF AN ISLAND NATION

November 3 to 16, 2019

a program of the stanford alumni association
In the company of faculty leader Daniel Sneider, embark on this special itinerary created just for Travel/Study, visiting sites that many tourists bypass. Our journey begins in Kyoto where we stop at several important temples and the Miho Museum, designed by I.M. Pei. On Naoshima Island, explore its rich trove of modern art museums, architecture and sculptures. In Hiroshima, experience the juxtaposition of modern and historical Japan as we reflect on the day the U.S. dropped the atomic bomb on the city. In the hot springs resort town of Matsuyama, overnight at a traditional Japanese inn. Itching for more? Explore one of the most dynamic cities in the world on an optional post-tour extension to bustling Tokyo.

Highlights

ENJOY a private visit to the Isamu Noguchi Museum on the island of Shikoku, featuring works of the museum’s namesake sculptor.

TRAVEL from Hiroshima to Kurashiki at speeds of close to 200 miles per hour aboard Japan’s famous shinkansen (bullet train).

VISIT Kyoto’s legendary sites, from its Golden Pavilion to the Imperial Palace, residence of the emperors when the city was Japan’s capital.
Faculty Leader

**DANIEL SNEIDER**, a lecturer in international policy at Stanford University, has focused his studies on U.S. foreign policy in Northeast Asia. The son of a diplomat, he lived in Asia for much of his childhood, then traveled to Japan regularly as a journalist and in the last decade as an academic. A frequent contributor to several major U.S. periodicals, Dan says, “Japan is one of the greatest places for travelers—a complex and fascinating culture, great cuisine, and natural and man-made beauty. I’m excited to discover together with the group some of the hidden parts of Japan that this program explores.” During our program he will touch upon World War II’s lingering impact on Japan, its rivalry with China, and the challenges facing Japanese society today—from the role of women to the problems of its aging population.

- Lecturer and associate faculty member, Freeman Spogli Institute for International Studies, Stanford University
- Former associate director for research, and director, the Divided Memories and Reconciliation project and the Nationalism and Regionalism project, Walter H. Shorenstein Asia-Pacific Research Center, Stanford University
- BA, East Asian history, 1973, Columbia University
- MPA, public administration, 1985; John F. Kennedy School of Government, Harvard University

“Stanford Travel/Study has taken us to amazing places, accompanied by amazing faculty members to bring the destinations to life.”

**BOB RIDDELL ’69**

**STANFORD TRAVELER**
Itinerary

SUNDAY & MONDAY, NOVEMBER 3 & 4
DEPART U.S. / OSAKA, JAPAN / KYOTO
Depart on flights to Osaka, crossing the international date line en route. After our arrival in Osaka on Monday, transfer to Kyoto and check in to our comfortable and well-located hotel. The evening is free to relax and rest after our flights.

WESTIN MIYAKO HOTEL

TUESDAY, NOVEMBER 5
KYOTO
We begin our journey with a visit to the Zen rock garden in Ryoanji before we tour one of Japan’s most enduring sites, Kyoto’s Golden Pavilion. After lunch at a local restaurant, tour the Imperial Palace, one of the largest vestiges of the Emperor’s presence in Kyoto before the capital was moved to Tokyo. Return to our hotel for a welcome reception and dinner.

WESTIN MIYAKO HOTEL (B,L,D)

WEDNESDAY, NOVEMBER 6
KYOTO
Begin the day’s explorations at the Gingaku-ji Silver Pavilion before taking a walking tour along a canal lined with cherry trees and Zen temples. We will end at the Nanzen-ji Temple, known for its rock garden and art collections. Enjoy a typical Japanese lunch at a local restaurant before we continue our exploration of Kyoto with a visit to Nijo Castle. This evening, enjoy dinner at a local restaurant.

WESTIN MIYAKO HOTEL (B,L,D)

THURSDAY, NOVEMBER 7
KYOTO
Travel to the Miho Museum, located in a nature preserve in the Shigaraki Mountains and designed by Chinese-American architect I.M. Pei to house the Shumei Foundation’s collection of Japanese teaware and rare art objects. Return to Kyoto after lunch and visit the Heian Shinto shrine and adjoining garden.

WESTIN MIYAKO HOTEL (B,L)

FRIDAY, NOVEMBER 8
KYOTO / NARA / KYOTO
Embark on a full-day excursion by coach to Nara, where we visit the Kasuga Grand Shrine, famous for its thousands of stone lanterns. Continue to the Todai-ji Temple to view its immense bronze daibutsu, or large Buddha, figure. After lunch, visit the Nara National Museum, and on our return to Kyoto, stop in Uji to view the Byodo-in Temple (“Phoenix Hall”), one of the most famous structures in Japan. We dine independently tonight.

WESTIN MIYAKO HOTEL (B,L)

SATURDAY, NOVEMBER 9
KYOTO / OSAKA / MATSYUMA, SHIKOKU
This morning we transfer by coach to the Osaka-Itami Airport for our flight to Matsuyama, a bustling port town on the island of Shikoku in the Inland Sea. After lunch, enjoy an afternoon of sightseeing, which includes the Matsuyama Castle. Continue on to the Ishite-ji Temple, a Shingon temple that’s been designated a National Treasure of Japan. Late this afternoon we check in to our traditional ryokan accommodations and enjoy dinner at our hotel.

YAMATOYA RYOKAN (B,L,D)

SUNDAY, NOVEMBER 10
MATSYUMA / UWAJIMA / UCHIKO / MATSYUMA
This morning, drive to the historic feudal town of Uwajima

Narita
to visit the Tensha-en Garden, with more than 20 varieties of bamboo. Then we will stop at the Date Museum to view its collection of Edo period armor, paintings and other samurai antiquities. After lunch, visit the small town of Uchiko and explore a number of well-preserved Edo- and Meiji-era dwellings and storehouses. This evening, return to Matsuyama to dine and enjoy our ryokan accommodations.

YAMATOYA RYOKAN (B,L,D)

MONDAY NOVEMBER 11
MATSUYAMA / HIROSHIMA
This morning travel by high-speed ferry to Hiroshima on the island of Honshu. After lunch at a local restaurant, visit the striking Atom Bomb Dome as well as the Peace Memorial Park and Museum, portions of which were designed by renowned architect Kenzo Tange and sculptor Isamu Noguchi. Enjoy the evening at leisure.

GRANVIA HOTEL (B,L)

TUESDAY, NOVEMBER 12
HIROSHIMA / MIYAJIMA
Go by ferry this morning to the sacred island of Miyajima to visit the Itsukushima Shrine. This bright pavilion complex appears to float on the edge of the Seto Inland Sea. After taking in the idyllic site, this afternoon and evening are free for independent pursuits.

GRANVIA HOTEL (B,L)

WEDNESDAY, NOVEMBER 13
HIROSHIMA / KURASHIKI
Depart this morning by high-speed rail to the river port city of Kurashiki, its well-preserved 18th-century merchant quarter now home to shops, museums and teahouses. On our walking tour, visit the Ohashi House, residence of a former samurai family; the Folk Art Museum; and the Ohara Museum of Fine Art with displays of Western impressionist works as well as traditional textiles, woodblocks and ceramics. Dine independently this evening.

KURASHIKI KOKUSAI HOTEL (B,L)

THURSDAY, NOVEMBER 14
KURASHIKI / TAKAMATSU / NAOSHIMA ISLAND
This morning travel back across the Inland Sea to Takamatsu. Visit the Isamu Noguchi Museum, and tour the Shikoku Folk Village that displays structures and objects of rural life on Shikoku. Afterward we stop at Ritsurin Park, considered one of the most outstanding landscape gardens in Japan. Continue this afternoon by ferry to Naoshima, a small island in the Seto Inland Sea.

BENESSE HOUSE (B,L,D)

FRIDAY, NOVEMBER 15
NAOSHIMA ISLAND
Spend today independently exploring Naoshima, a community devoted to cutting-edge contemporary art with two striking museums, interactive installations and outdoor sculptures. Naoshima is a place of discovery, with a unique symbiotic relationship between natural scenic beauty and art. Explore the installations and the Chichu Art Museum before gathering this evening for a festive farewell reception and dinner.

BENESSE HOUSE (B,L,D)

SATURDAY, NOVEMBER 16
NAOSHIMA ISLAND / OSAKA / U.S.
Transfer by ferry and train to the Kansai International Airport for flights home, arriving back in the U.S. the same day.

(Tokyo)

Post-trip Extension

TOKYO
NOVEMBER 16 TO 19
After we bid farewell to the main group, we transfer to Tokyo by ferry and train (shinkansen), where our hotel is within walking distance of the Imperial Palace and the Ginza District. Tour the magnificent Meiji Shrine, the Asakusa Buddhist Temple and other iconic facets of Tokyo’s history. Enjoy free time to explore the city independently—diving into the heart of this ancient and modern wonder.

Details and pricing will be provided to confirmed participants.

(Tokyo)
Trip Information

**DATES**
November 3 to 16, 2019 (14 days)

**SIZE**
36 participants (single accommodations limited—please call for availability)

**COST**
- $9,695 per person, double occupancy
- $11,695 per person, single occupancy

*Stanford Alumni Association nonmembers add $300 per person

**INCLUDED**
- 10 nights of deluxe hotel accommodations;
- 2 nights of ryokan (traditional Japanese inn) accommodations
- 12 breakfasts, 11 lunches and 6 dinners
- Welcome and farewell receptions
- Gratuities to guides and drivers for all group activities
- All tours and excursions as described in the itinerary
- Internal flight on 11/9
- Transfers and baggage handling on program arrival and departure days
- Minimal medical, accident and evacuation insurance
- Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information
- Services of our professional tour manager to assist you throughout the program

**NOT INCLUDED**
- International and U.S. domestic airfare
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Trip-cancellation/interruption and baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services

**AIR ARRANGEMENTS**
You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

**WHAT TO EXPECT**
The fall is an ideal time of year to visit Japan. Temperatures in November range from the low 60s (°F) during the day to the low 50s in the evening. We consider this expedition to be moderately strenuous. On average, daily programs involve one to three miles of walking, often on uneven terrain. In some instances, such as at temples, stairs may not have handrails. Though all of our accommodations feature Western amenities and are quite comfortable, hotels in Japan tend to be less luxurious than in many other parts of the world. In Matsuyama, we stay at a typical Japanese ryokan, where we sleep on traditional tatami mats and futons. Please note that twin-bedded rooms tend to be more spacious than single-bedded rooms. Participants must be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.
Deposit & Final Payment
A $1,000-per-person deposit is required to reserve space for this program. An additional $200-per-person deposit is required to hold space for the optional post-trip extension. Sign up online at alumni.stanford.edu/trip?unseen2019 or call the Travel/Study office at (650) 725-1093. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

Cancellations & Refunds
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information offering such insurance will be provided to travelers with their welcome materials. The product offered includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

Eligibility
We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is $300 more than the members’ price. A person traveling as a guest paid for by a current member will not be charged the nonmember fee. For more information or to purchase a membership, visit alumni.stanford/goto/membership or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in February 2019 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.
“In truth, every day had a memorable experience.”

LYDIA VILLA-KOMAROFF, UNSEEN JAPAN, 2018