The Baltic under Sail

Copenhagen to Stockholm
Aboard Sea Cloud II

July 28 to August 9, 2017
Some 1,500 years ago Vikings and their long ships dominated the Baltic. In the ensuing centuries, the great cities of the Baltic region have seen the rise and fall of empires, war and revolution; today they are the paragons of peace, prosperity and innovation. Like the Vikings of yesteryear, we sail from country to country, absorbing the rich cultures and sweeping histories of five of the nations bordering the Baltic Sea. Unlike the Vikings, however, we travel in style and comfort aboard the elegant Sea Cloud II. At the height of summer when daylight extends long into the evening hours, we have ample time to watch in awe from the deck of our graceful vessel as the crew hoists the sails and the wind carries us on to our next port of call. It’s an experience not to be forgotten. Join us!

BRETT S. THOMPSON, ’83, DIRECTOR, STANFORD TRAVEL/STUDY

Highlights

**REVEL** in the seafaring elegance of a bygone era, coupled with the highest standards of luxury, aboard the magnificent Sea Cloud II.

**LISTEN** to a children’s folkloric performance in Riga, a medieval musical concert in Tallinn and the Red Army Choir in St. Petersburg.

**ENJOY** specially arranged, after-hours visits to the Hermitage and the palace complexes of Peter the Great and Catherine the Great.

**DISCOVER** New Nordic cuisine as well as traditional Scandinavian foods during excursions in Copenhagen and on Bornholm Island.
HERANT KATCHADOURIAN is emeritus professor of psychiatry and human biology at Stanford and former president of the Flora Family Foundation. Since joining the Stanford faculty in 1966, he has served as dean of undergraduate studies and vice provost of undergraduate education. His personal history embraces several cultures. Born in Turkey to Armenian parents, he received his undergraduate and medical degrees from the American University in Beirut and his psychiatric training at the University of Rochester in New York. He has received numerous awards, including Stanford’s Dinkelspiel Award for Outstanding Service to Undergraduate Education and the Stanford Alumni Association’s Lyman Award. He has also been named Outstanding Professor seven times by Stanford seniors. Professor Katchadourian has led more than 25 previous Travel/Study programs to a variety of destinations.

Professor Katchadourian will be accompanied by his wife, STINA KATCHADOURIAN, MA ’67, an author, journalist and literary translator as well as a native of Helsinki, Finland. The two were married 50 years ago and spend every summer on an island in the Baltic near Finland where their son, daughter and two grandsons are frequent visitors. Finland is a very special place to them and they are thrilled to have the opportunity to share it with travelers on the optional post-trip extension, which they helped design.

Princeton Study Leaders

KIM LANE SCHEPPELE, the Laurance S. Rockefeller Professor of Sociology and International Affairs in the Woodrow Wilson School and the University Center for Human Values, and SERGUEI OUSHKINE, associate professor of anthropology and Slavic languages and literatures and director of the program in Russian and Eurasian studies, will serve as Princeton Study Leaders for this journey.
**Itinerary**

**FRIDAY & SATURDAY, JULY 28 & 29**

**U.S. / COPENHAGEN, DENMARK**

Depart home on overnight flights to Copenhagen. Upon arrival on Saturday, relax at our hotel or join an optional afternoon activity. This evening enjoy a special welcome reception and dinner. **ADMIRAL HOTEL (7/29: D)**

**SUNDAY, JULY 30**

**COPENHAGEN / EMBARK**

After a panoramic harbor cruise of Denmark’s capital city, choose between a guided tour of the Royal Opera or a viewing of the National Museum’s Viking artifacts and other ancient treasures. After lunch, enjoy a brief city tour that includes photo stops at Amalienborg Palace and the Little Mermaid statue before embarking the Sea Cloud II in the late afternoon. **SEA CLOUD II (B,L,D)**

**MONDAY, JULY 31**

**AT SEA / BORNHOLM ISLAND**

Anchor off the remote, scenic Danish island of Bornholm. Today’s activities include a choice of two excursions. Opt to visit one of the island’s classic Romanesque round churches, with ancient rune stones and frescoes, and sample traditional smoked herring at the Hasle Smoke House. Alternatively, stroll the cobbled streets of Svanø, a charming fishing village with artisan shops and workshops, and learn about crafting beer at a local brewhouse. This afternoon thrill to the experience of cruising under sail (weather permitting), and toast the start of our voyage at a welcome dinner hosted by the captain. **SEA CLOUD II (B,L,D)**

**TUESDAY, AUGUST 1**

**AT SEA**

Enjoy a full day aboard ship with presentations from the lecture team as the Sea Cloud II cruises to Latvia. **SEA CLOUD II (B,L,D)**

**WEDNESDAY, AUGUST 2**

**RIGA, LATVIA**

We spend today in Riga, the capital and largest city of Latvia, founded in 1201 and a former Hanseatic League member. Take a tour of Riga’s historic center, a UNESCO World Heritage site noted for its art nouveau and 19th-century wooden architecture. Attend a specially arranged folkloric performance that incorporates the rich heritage of Latvian mythology and customs in song, dance and traditional dress. This afternoon, explore Riga independently or opt to go on a tour of the Museum of the Occupation of Riga, which documents the 51-year period in the 20th century when Latvia was occupied, successively, by the U.S.S.R., Nazi Germany and the U.S.S.R. again. **SEA CLOUD II (B,L,D)**

**THURSDAY, AUGUST 3**

**AT SEA**

Spend a full day at sea, enjoying the amenities of our fine ship and the continuation of our educational program. **SEA CLOUD II (B,L,D)**

**FRIDAY, AUGUST 4**

**TALLINN, ESTONIA**

Today we drop anchor in the capital of Estonia, Tallinn, which was the site of mass demonstrations and protests known as the Singing Revolution; the movement resulted in Estonia declaring its independence from the Soviet Union in 1990. Our tour of Old Town, considered one of the most perfectly preserved medieval centers in northern Europe and a UNESCO World Heritage site, includes the Russian Orthodox Alexander Nevsky Cathedral and the 13th-century Toompea Castle, now the home of the Estonian Parliament. Later, discuss current events with a local journalist and attend a private concert of medieval music in a historic guild house. **SEA CLOUD II (B,L,D)**

**SATURDAY, AUGUST 5**

**ST. PETERSBURG, RUSSIA**

Arrive today in glorious St. Petersburg, which still
reflects the artistic splendor bestowed upon it by its chief planner, Peter the Great. On our orientation tour, visit Peter and Paul Fortress where the tsars are buried at Peter and Paul Cathedral, followed by a visit to the exquisite new Fabergé Museum, housed in the restored Shuvalov Palace and showcasing nine of the rare Fabergé eggs given to the Russian tsars. Take in a private performance by the Red Army Choir over lunch, then stop at the iconic Church of the Savior on Spilled Blood. Later enjoy a specially arranged after-hours guided tour of the Hermitage Museum. Established by Catherine the Great, the Hermitage houses one of the largest and most important art collections in the world.

SEA CLOUD II
(B,L,D)

SUNDAY, AUGUST 6
ST. PETERSBURG
This morning choose between one of two excursions to St. Petersburg’s magnificent palaces-and-parks complexes, both with special early entrances. OPTION 1: Visit Peter the Great’s Petrodvorets, a grand palace perched on the ridge above the Gulf of Finland. Its vast gardens, brimming with statuary and fountains, were designed to rival Versailles. OPTION 2: In the town of Pushkin, explore Catherine Palace, particularly renowned for its extraordinary Amber Room, once deemed the “eighth wonder of the world” for its six tons of solid amber deftly carved and framed in gold leaf. Plundered by the Nazis in 1941, the original room remains missing, but a magnificent reconstruction was undertaken in 1979 and completed in 2003 in honor of St. Petersburg’s 300th anniversary. Reconvene for a late-afternoon visit to the Hermitage’s impressionists collection before setting sail for Stockholm. SEA CLOUD II (B,L,D)

MONDAY, AUGUST 7
AT SEA
Our educational program continues during a full day of cruising en route to Sweden.

SEA CLOUD II (B,L,D)

TUESDAY, AUGUST 8
AT SEA / STOCKHOLM ARCHIPELAGO, SWEDEN
Relax aboard ship during a final day of cruising, enjoying the ship’s amenities, the conclusion of our lecture series, and a festive farewell reception and dinner. Twilight lasts a long time at this latitude during the summer months, and as the Sea Cloud II cruises among the thousands of picturesque islands that make up the Stockholm archipelago, one of the world’s most spectacular maritime landscapes, we’ll bask in the ever-so-slowly fading glow of the soft evening light—a very special time to be on deck and a beautiful conclusion to our voyage! SEA CLOUD II (B,L,D)

WEDNESDAY, AUGUST 9
STOCKHOLM / DISEMBARK / U.S.
Disembark in Stockholm and transfer to the airport for flights home. (B)

OPTIONAL POST-TRIP EXTENSION #1
STOCKHOLM
AUGUST 9 TO 10
Explore Stockholm’s City Hall, site of the annual Nobel Prize banquet; the Vasa Museum, which features a 17th-century warship that was salvaged and restored more than 300 years after it sank; and the charming streets of Gamla Stan, the city’s Old Town.

OPTIONAL POST-TRIP EXTENSION #2
STOCKHOLM & HELSINKI
AUGUST 9 TO 14
After exploring Stockholm (see Extension #1), fly to Helsinki and explore the Finnish capital, including a one-night stay at a lovely lakeside estate outside of Helsinki. Highlights include the modern architecture and design of Helsinki, a dinner cruise through the Helsinki archipelago, and a visit to the classic Finnish village and artisan center of Fiskars.

Additional details and pricing for both extensions will be sent to confirmed participants.
Sea Cloud II

Like Marjorie Merriweather Post’s legendary Sea Cloud, the elegant Sea Cloud II was built in the grand tradition of the world’s finest sailing ships and christened in 2001. She is perhaps the most luxurious three-masted sailing yacht on the seas today, with deluxe amenities, five-star dining and world-class service. From the mahogany-paneled library and the gracious lounge to each of the 47 beautifully appointed cabins, no detail on this intimate vessel has been overlooked. Guests have the opportunity to watch the crew skillfully hand-set more than 30,000 square feet of canvas and experience this marvelous ship under sail (weather permitting).

Deck Plan

In categories 2, 3, 4 and 6, twin beds can be kept separate or pushed together to form one larger bed, with the exception of cabins 224 and 226, where beds are fixed together as one large bed. Note that queen and king beds in categories 5 and 7 are made up of two mattresses, side-by-side.

Program Cost*

Rates are per person, based on double occupancy unless otherwise specified.

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>1</td>
<td>Two portholes, upper and lower beds, and shower. 129 sq. ft.</td>
<td>$8,990</td>
</tr>
<tr>
<td></td>
<td>Single: $13,990**</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Two portholes, twin beds, sitting area and shower. 172 sq. ft.</td>
<td>$9,990</td>
</tr>
<tr>
<td></td>
<td>Single: $14,990**</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Two portholes, twin beds, sitting area and shower. 172 sq. ft.</td>
<td>$11,990</td>
</tr>
<tr>
<td></td>
<td>Single: $17,990**</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Three portholes, twin beds, sitting area and shower. 204 sq. ft.</td>
<td>$12,990</td>
</tr>
<tr>
<td>5</td>
<td>Two Palladian-style windows, queen-sized bed, sitting area and shower. 204 sq. ft.</td>
<td>$13,990</td>
</tr>
<tr>
<td>6</td>
<td>Three Palladian-style windows, twin beds, sitting area, walk-in closet, fireplace and bathtub with shower. 247 sq. ft.</td>
<td>$15,990</td>
</tr>
<tr>
<td>7</td>
<td>Four Palladian-style windows, king-sized bed, sitting area, walk-in closet, fireplace and bathtub with separate shower. 290 sq. ft.</td>
<td>$18,990</td>
</tr>
</tbody>
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*Association nonmembers add $300 per person.
**Single accommodations may be limited to as few as four cabins.
DATES
July 28 to August 9, 2017 (13 days)

SIZE
This program can accommodate a total of 78 participants, including travelers from Stanford and Princeton universities. Single accommodations are extremely limited; please call for availability.

INCLUDED
1 night of deluxe hotel accommodations  •  10-night cruise aboard the Sea Cloud II  •  11 breakfasts, 10 lunches and 11 dinners  •  Welcome and farewell receptions  •  Gratuities to guides, drivers, wait staff and ship crew for all group activities  •  All tours and shore excursions as described in the itinerary  •  Transfers and baggage handling on program arrival and departure days  •  Port fees and embarkation taxes  •  Minimal medical, accident and evacuation insurance  •  Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information  •  Services of our professional tour manager to assist you throughout the program

NOT INCLUDED
International and U.S. domestic airfare  •  Passport and visa fees  •  Immunization costs  •  Meals and beverages other than those specified as included  •  Independent and private transfers  •  Trip-cancellation/interruption and baggage insurance  •  Excess-baggage charges  •  Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services

AIR ARRANGEMENTS
International and U.S. domestic airfare is not included in the program cost. Round-trip, economy-class airfare from San Francisco to Copenhagen, Denmark, and return from Stockholm, Sweden, is approximately $1,600 as of November 2016 and is subject to change without notice. Information on recommended arrival and departure times will be sent to confirmed participants.

WHAT TO EXPECT
Cruising on the Baltic Sea, a large body of water that is relatively isolated from the ocean, should be a pleasant and smooth experience most of the time. Tides are minimal and the surface is fairly smooth in the absence of stormy weather. The climate in the region is generally mild, with average temperatures around 70 °F, occasionally reaching into the 80s, and periodic rain. The pace of this trip is moderately active, with up to two miles of walking each day, often on cobbled streets and uneven terrain. Elevators and handrails on stairs may not be available. Participants must be physically fit, in good health and able to keep up with the group without assistance from tour staff. Limited medical facilities are available aboard the Sea Cloud II.

Deposit & Final Payment
A $1,000-per-person deposit is required to hold space on this program. A $200-per-person deposit is required to hold space for either of the optional post-trip extensions. Sign up online at alumni.stanford.edu/trip/baltic2017 or call the Travel/Study office at (650) 725-1093. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

Cancellations & Refunds
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information offering such insurance will be provided to travelers with their welcome materials. The product offered includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

Eligibility
We encourage membership in the Alumni Association as the program cost for nonmembers is $300 more than the members’ price. A person traveling as a guest paid for by a current member will not be charged the nonmember fee. For more information or to purchase a membership, visit alumni.stanford.edu/goto-membership or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. It is understood that the ship’s ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not on board their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in November 2016 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

TELEPHONE (650) 725-1093
EMAIL travelstudy@alumni.stanford.edu

California Seller of Travel Program Registration #2048 523-50

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The trip was very special—combining a wonderful ship experience onboard the Sea Cloud II, a classic sailing vessel; excellent lectures; and visits to beautiful historic places.

Stephen Player, ’63, Spain and Portugal Under Sail, 2016