Iceland to Greenland

THE UNTAMED NORTH

July 27 to August 11, 2016

a program of the stanford alumni association
Our travelers inspire us to take them to the world’s unseen and most remote places. That wanderlust often leads us to discover pristine and dramatic landscapes and cultures vastly dissimilar to our own. Our sojourn to Iceland and Greenland brings us to a land of extreme contrasts: where fire and ice co-exist; where dark winters are offset by the summer’s midnight sun; and where insular existence has spurred a rich and vibrant culture. For this trip we have partnered with our long-time friends at Zegrahm Expeditions, who are experts in expedition travel. Along with a full roster of expert naturalists, our Stanford faculty leader, Professor Rob Dunbar, provides a rich educational element that is the hallmark of our trips. We do hope you will join us!

BRETT S. THOMPSON, ’83, DIRECTOR, STANFORD TRAVEL/STUDY

Highlights

**EXPLORE** by Zodiac to get closer to thousands of breeding seabirds, including kittiwakes, murres, dovekies, puffins and rare ivory gulls.

**ATTEND** cultural performances and meet the hearty residents who share with us stories of survival in this harsh, yet beautiful, land.

**VISIT** colorfully painted villages and tiny fishing hamlets steeped in Viking history.

**PHOTOGRAPH** dramatic landscapes and glistening glaciers, stunning arctic wildlife and lush, colorful tundra.

REYKJAVIK
ROBERT DUNBAR, whose research interests span climate change, marine ecology and biogeochemistry, heads a research group that works on past and present changes in the ocean and their impacts on marine communities. Rob is also engaged in interdisciplinary studies of global change in collaboration with environmental scientists, economists, lawyers and policy specialists. He participated in the Copenhagen Climate Conference in December 2009 and has studied climate change impacts in polar regions as well as on small islands and in developing nations. Rob has traveled to the Arctic and Antarctica more than 30 times and has spent more than 6 years working there. In February and March of 2013, Rob was among the investigators aboard the research vessel, Nathaniel B. Palmer, leading the first-ever research voyage to study the world’s largest phytoplankton bloom in the Southern Ocean at the very time Antarctica transitions from summer to winter. In addition to his research expeditions, he has led 20 previous Travel/Study programs.

—William Keck Professor of Earth Science and J. Frederick and Elisabeth B. Weintz University Fellow in Undergraduate Education, Stanford University
—Senior fellow, Woods Institute for the Environment
—BS, geology, University of Texas, Austin
—PhD, oceanography, Scripps Institution of Oceanography, UC-San Diego

Expedition Leaders

Since 1990 Stanford Travel/Study has partnered with Zegrahm Expeditions to combine some of the world’s most remote and remarkable destinations with expedition leaders and naturalists who are experts in their fields and passionate about the natural wonders we encounter. Joining Professor Dunbar on this voyage are expedition leader Russ Evans, marine biologist Rich Pagen and ornithologist Jim Wilson.

Reservation Form

Iceland to Greenland

July 27 to August 11, 2016

I/We have read the Terms and Conditions for the program and agree to them.
Signature _________________________________________________________

If this is a reservation for one person, please indicate:
☐ I wish to have single accommodations.
OR ☐ I plan to share accommodations with _________________________
OR ☐ I’d like to know about possible roommates.

Category Preference: _______ Bed Preference (hotel only)
1st choice: ___________________________ ☐ Twin Beds ☐ King Bed
2nd choice: ___________________________ ☐ Twin Beds ☐ King Bed

Here is my deposit of $_______ ($1,000 per person) for _____ space(s).

☑ Enclosed is my check (make payable to Stanford Alumni Association) OR
☑ Charge my deposit to my: ☐ Visa ☐ MasterCard ☐ American Express

CARD # ___________________________ EXPIRES _______________________
AUTHORIZED CARDHOLDER SIGNATURE ___________________________ DATE _______________________

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at alumni.stanford.edu/trip?iceland2016. Please submit your reservation only once to avoid multiple charges to your account.
Itinerary

**WEDNESDAY & THURSDAY, JULY 27 & 28**

**DEPART U.S. / REYKJAVIK, ICELAND**

Board independent overnight flights to Iceland. Arrive in the Icelandic capital on Thursday morning and transfer to our hotel. Lunch and the remainder of the day are at leisure to enjoy this fascinating and colorful city. Gather this evening for a welcome reception followed by dinner and overnight at our hotel.

**GRAND HOTEL REYKJAVIK (7/28; D)**

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**FRIDAY, JULY 29**

**REYKJAVIK / EMBARK**

**SEA ADVENTURER**

After breakfast, set out to explore Iceland’s classic scenic wonders known as the Golden Circle. Begin with Thingvellir National Park, a UNESCO World Heritage site surrounded by mountains and encompassing a vast lava plain of green moss and wildflowers. Continue to Gullfoss Waterfall where the Hvita River drops 96 feet in two voluminous cascades. The Geysir Center is a huge geothermal field of both boiling and tranquil multihued hot springs and bubbling mud pools. After lunch in these picturesque surroundings proceed to the ship, making a photo stop at a scenic viewpoint before sailing.

**SEA ADVENTURER (B,L,D)**

**SATURDAY, JULY 30**

**FLATEY ISLAND / LÁTRABJARG**

After arriving at Flatey Island, trace the coastline by Zodiac before going ashore for a walking tour of the village. View the uniquely painted island church and the restored houses of islanders who earn a living fishing for cod and lumpfish. This evening sail past Iceland’s westernmost cape, the Látrabjarg cliff, a breeding ground for millions of seabirds, including puffins, kitiwakes, northern fulmars and thick-billed murres.

**SEA ADVENTURER (B,L,D)**

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**SUNDAY, JULY 31**

**VIGUR ISLAND / ÍSASFJÖRDUR**

After breakfast take a walking tour of small, verdant Vigur, summer home to vast numbers of puffins, black guillemots, arctic terns and eiders. The tiny community dates back to the late 1800s and boasts Iceland’s only windmill. During lunch onboard, cruise northward to Ísafjördur, the trading and cultural center of the West Fjords. A cultural tour reveals the history and daily life of one of Iceland’s oldest fishing settlements and visits the region’s scenic highlights. This afternoon, enjoy free time in town to browse the local shops.

**SEA ADVENTURER (B,L,D)**

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**MONDAY & TUESDAY, AUGUST 1 & 2**

**SCORESBYSUND, GREENLAND**

Scoresbysund, the world’s longest fjord, is a remote and stunning wilderness that is home to large numbers of arctic wildlife. Spectacular mountains surround the fjord, clad in tundra dotted with seasonal wildflowers. Inuit ruins and old trading stations speak of a long and arduous history of subsistence living. By Zodiac, cruise among glittering icebergs, sculpted by wind and sea into fantastical shapes, watching for clusters of harp seals on the ice floes and whales feeding in the nutrient-rich waters. Polar bear sightings are also possible in the area. On walks along pristine beaches and across tundra-carpeted landscapes, keep an eye out for musk oxen, collared lemmings and arctic foxes.

**SEA ADVENTURER (B,L,D—BOTH DAYS)**

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**PLEASE NOTE:** Our itinerary in Scoresbysund and vicinity is entirely dependent upon ice conditions. Should ice prevent us from making a landing, we will spend additional time on the west coast of Greenland.
WEDNESDAY, AUGUST 3

AT SEA
Relax onboard today and enjoy our lecture series on the nature and history of Greenland. SEA ADVENTURER (B,L,D)

THURSDAY, AUGUST 4

AMMASSALIK
The small settlement of Ammassalik is part of the municipality of the same name that covers an area five times the size of Denmark. Ashore, enjoy a cultural performance and stroll through the town. Those who wish may continue on a hike along the river toward a waterfall, accompanied by naturalists who point out the varieties of local vegetation enjoying their brief seasonal bloom. SEA ADVENTURER (B,L,D)

FRIDAY, AUGUST 5

KING FREDERIK VI COAST
Today cruise along the southeastern coast of Greenland. Now uninhabited, the region recalls its past civilization in skeletal sites of old Scandinavian and Inuit camps and settlements. Watch for seals, whales and polar bears and, conditions permitting, go ashore this evening via Zodiac to explore this remote expanse of shoreline. Farther south, witness the portion of Greenland that fully lives up to its name. This is the most fertile part of the country; unlike the northern hunting and fishing villages, agriculture and farming are an important part of economic life. SEA ADVENTURER (B,L,D)

SUNDAY, AUGUST 7

BRATTALID / NARSAQ
This morning disembark in Brattalid to visit the historic Norse site, named after Eric the Red's wife who built the first Christian church in the New World. In the afternoon visit Narsaq, built on a beautiful plain on the Narsaq Peninsula, and surrounded by waters rich with seals, salmon, arctic char and minke whales. Explore the small town with its brightly painted houses, museum and local handicrafts market, and visit the remains of an old Norse settlement. Attend a performance by the local choir before setting sail for the Arsuk Fjord. SEA ADVENTURER (B,L,D)

WEDNESDAY, AUGUST 10

KANGERLUSSUAQ / DISEMBARK / OTTAWA, CANADA
Cross the Arctic Circle and sail down the long and sinuous Kangerlussuaq Fjord to the town at its head of the same name. Disembark and, time permitting, take a brief tour that includes a stop at the local museum. Then continue to the airport for your flight to Ottawa where we transfer to our hotel for dinner and overnight. HILTON GARDEN HOTEL (B,L,D)

THURSDAY, AUGUST 11

OTTAWA / U.S.
Transfer to the airport for independent flights homeward. (B)
Sea Adventurer

This 110-passenger expedition ship offers flexibility and ease in navigating remote islands inaccessible by larger ships. All cabins have an ocean view with two twin beds, a desk and chair, an in-room music system and en suite bathroom. Public facilities include a dining room that accommodates all guests in a single seating, lounge, library, gift shop, infirmary staffed by a registered physician, laundry and small gym. The Sea Adventurer is outfitted with state-of-the-art satellite navigation and communication equipment as well as stabilizers and a fleet of Zodiac landing craft, allowing us to land anywhere nature or curiosity dictates.

Program Cost*

Rates are per person, based on double or single occupancy as noted.

<table>
<thead>
<tr>
<th>Category</th>
<th>Double</th>
<th>Single*</th>
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<tbody>
<tr>
<td>Category 1</td>
<td>$11,980</td>
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<tr>
<td>A Deck cabin with 1 porthole, avg. 136 sq. ft.</td>
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<tr>
<td>Category 2</td>
<td>$12,580</td>
<td>$15,780</td>
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<tr>
<td>A Deck cabin with 1 porthole, avg. 136 sq. ft.</td>
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<tr>
<td>Category 3</td>
<td>$13,280</td>
<td>$16,580</td>
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<tr>
<td>Main Deck cabin with 1 porthole, avg. 136 sq. ft.</td>
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<tr>
<td>Category 4</td>
<td>$13,980</td>
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<tr>
<td>Main Deck cabin with 1 window, avg. 130 sq. ft.</td>
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<tr>
<td>Category 5</td>
<td>$14,780</td>
<td>$18,380</td>
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<tr>
<td>Main Deck cabin with 1 window, avg. 150 sq. ft.</td>
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<tr>
<td>Category 6</td>
<td>$15,880</td>
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<tr>
<td>Promenade Deck cabin with 2 windows, avg. 150 sq. ft.</td>
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<tr>
<td>Category 7</td>
<td>$16,780</td>
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<tr>
<td>Promenade or Boat Deck cabin with 2 windows, avg. 160 sq. ft.</td>
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<tr>
<td>Suite</td>
<td>$20,880</td>
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<tr>
<td>Boat Deck suite with 4 windows, avg. 221 sq. ft.</td>
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<tr>
<td>Owner’s Suite</td>
<td>$22,680</td>
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<tr>
<td>Boat Deck suite with 4 windows, 273 sq. ft.</td>
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*Association nonmembers add $300 per person.
**Single accommodations may be limited to as few as 2 cabins.
Information

**DATES**
July 27 to August 11, 2016 (16 days)

**SIZE**
This program can accommodate 96 participants, including travelers from Stanford and Zegrahm Expeditions. Single accommodations are extremely limited; please call for availability.

**INCLUDED**
- 2 nights of deluxe hotel accommodations
- 12-night cruise aboard the Sea Adventurer
- 14 breakfasts, 13 lunches and 14 dinners
- Welcome and farewell receptions
- Gratuities to guides, drivers, hotel staff and ship crew for all group activities
- All tours and shore excursions as described in the itinerary
- Transfers and baggage handling on program arrival and departure days
- Port fees and embarkation taxes
- Minimal medical, accident and evacuation insurance
- Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information
- Services of our professional tour manager to assist you throughout the program

**NOT INCLUDED**
- U.S. domestic and international airfare, including Kangerlussuaq/Ottawa flight on August 10
- Immunization costs
- Passport and visa fees
- Meals and beverages other than those specified as included
- Independent and private transfers
- Trip-cancellation/interruption and baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services

**AIR ARRANGEMENTS**
Round-trip, economy-class airfare on Delta Airlines from San Francisco to Reykjavik, Iceland, and return from Ottawa, Canada, is approximately $1,400 as of March 2015 and is subject to change without notice. An additional one-way fare from Kangerlussuaq, Greenland, to Ottawa of approximately $550 is not included in the program cost. Information on recommended flight itineraries will be sent by Zegrahm Expeditions.

**FUEL COSTS**
In the uncertain, often volatile oil market of late, it is difficult to predict fuel costs over the long term and, more specifically, at the time of operation of this voyage. Our prices are based upon the prevailing fuel rates at the time of brochure printing. While we will do everything possible to maintain our prices, if the fuel rates increase significantly, it may be necessary to institute a fuel surcharge.

**WHAT TO EXPECT**
For most activities, a relatively moderate level of exertion is required. You will need to climb into and out of Zodiacs for excursions ashore. Kayaking is available to a limited number of experienced kayakers. Onshore, you must be able to walk moderate distances, unaided, over rough terrain (e.g., on rocky, uneven beaches in the arctic islands, and over cobblestone or sometimes dirt streets and paths in small villages). Daytime temperatures range from 45 to 65 degrees (°F) during the day, and may drop to the 40s in the evening, although sunshine and low humidity create a very temperate atmosphere. Participants must be physically fit, active and in good health. We welcome travelers 12 years of age and older on this program.

Terms & Conditions

**Deposit & Final Payment**
A $1,000-per-person deposit is required to hold your space for this program. Complete and return the attached reservation form or sign up online. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

**Cancellations & Refunds**
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

**Insurance**
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. A brochure offering such insurance will be provided to U.S. residents with their welcome materials. The product offered in this brochure includes special benefits if you purchase your policy within a specified window: 14–21 days of the date listed on the welcome letter, depending on your destination and state of residence.

**Eligibility**
We encourage membership in the Alumni Association, as the program cost for nonmembers is $300 more than the members’ price. Parents and their children under 21 may travel on one membership. For more information or to purchase a membership, visit alumni.stanford.edu/goto/membership or call (650) 725-0692.

**Responsibility**
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. It is understood that the ship’s ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. Baggage is carried at the owner’s risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in March 2015 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

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"The trip, to a magnificent area, was extremely well-done."

Mickey Marks, Circumnavigation of Iceland, 2011