What could be more luxurious than sailing aboard an elegant yacht to discover both modern and historic venues in Japan and China? We’ve put this trip together to include some of the most fascinating sites of both countries, with excursions to world-class gardens, castles, art and history museums, and religious shrines, plus a couple of leisurely days at sea where we’ll be pampered aboard L’Austral. Although the countries are not-so-distant neighbors, their histories, cultures, political systems and natural environments are quite diverse. Come with us on this extraordinary journey by sea and learn from Japan expert Professor Thomas Fingar and local guides about these two very important Asian countries.

SIGNATURE: Brett

Highlights

STROLL through the graceful grounds of the classical Yuyuan Garden, tucked away in the center of bustling Shanghai.

REFLECT on a somber period of world history at Hiroshima’s Peace Memorial Park and Museum and learn about the city’s ongoing efforts for peace.

REVEL at the Ohara Museum of Art’s fine collection of Asian art and Western impressionist paintings in Kurashiki.

ENJOY the many comforts of our luxurious yacht, L’Austral, as we sail amid the islands of Japan and across the East China Sea to China.
THOMAS FINGER, MA '69, PHD '77, is a Distinguished Fellow and Senior Scholar at the Freeman Spogli Institute for International Studies at Stanford University. Between 1975 and 1986 he held a number of positions at Stanford before moving to the State Department as chief of the China Division. He began to study East Asia at Cornell in the mid-1960s and focused on it more intensively as director of the State Department’s Office of Analysis for East Asia and the Pacific from 1989 to 1994. He returned to Stanford in 2009 after a 23-year career in Washington that included service as Assistant Secretary of State for Intelligence and Research and chairman of the National Intelligence Council.

The author of several publications, Dr. Fingar’s most recent books are The New Great Game (Stanford Press, 2016) and Uneasy Partnerships: China and Japan, the Koreas, and Russia in the Era of Reform (Stanford Press, to be published in 2017).

Dr. Fingar’s lectures during this trip will examine U.S. policy toward Northeast Asia, Japan’s relations with its neighbors, and China’s rise and regional ambitions. He will draw upon his experience as a senior U.S. government official and the courses he teaches at Stanford on U.S. goals and policies in Northeast Asia, and on China’s foreign policy.

— Payne Distinguished Lecturer, Stanford University, 2009
— Served as the first deputy director of National Intelligence for Analysis and, concurrently, as chairman of the National Intelligence Council, 2005—2008
— BA, government and history, Cornell University
— MA and PhD, political science, Stanford University

OR BY PHONE: (650) 725-1093

A great asset to the travel study trip. Always available and engaged and obviously loves to teach.”

SANDRA BARBOUR, '73, BANGKOK TO BALI, 2016

HIROSHIMA PEACE MEMORIAL PARK
Itinerary

WEDNESDAY & THURSDAY, OCTOBER 12 & 13
U.S. / OSAKA, JAPAN
Depart the U.S. on independent flights to Japan, crossing the international date line en route and arriving in Osaka on Thursday. Transfer to our deluxe hotel and meet fellow travelers at a welcome reception this evening. IMPERIAL HOTEL OSAKA

FRIDAY, OCTOBER 14
OSAKA / EMBARK L’AUSTRAL
Osaka, Japan’s third-largest city, is a vibrant commercial center, known for its cuisine and distinctive dialect. Our tour of this lively city includes the Osaka Castle, originally completed in the late 16th century, and the Shitenno-ji, Japan’s oldest Buddhist temple, established in 593 C.E. This afternoon transfer to the port in Osaka for embarkation on our luxurious ship. L’AUSTRAL (B,L,D)

SATURDAY, OCTOBER 15
TAMANO / OKAYAMA / KURASHIKI
Disembark at Tamano and drive to Okayama to visit the expansive Korakuen Garden, considered one of the three best landscape gardens in Japan. Built in 1700 by the local feudal lord in the Enshu landscape style of stroll garden, the expansive garden features sprawling lawns and ponds, plus a small tea plantation, rice paddies, stream and waterfall. Continue to the old river port city of Kurashiki for a visit to the Ohara Museum of Art, with its fine Asian and contemporary art, as well as Western impressionist paintings by artists such as Monet and Gauguin. Tour the Ohashi House, a residence typical of Kurashiki’s wealthy merchant families in the 18th century. L’AUSTRAL (B,L,D)

SUNDAY, OCTOBER 16
HIROSHIMA / MIYAJIMA
Hiroshima, site of the first aerial dropping and detonation of an atomic bomb, is now a renowned peace city replete with modern skyscrapers and wide boulevards. Visit the world-famous Peace Memorial Park and the somber Memorial Museum, where we are reminded of the awful destruction of the city in 1945. Then travel by boat to admire Miyajima’s lovely 16th-century Itsukushima Shrine, a World Heritage site, known especially for its torii gate that appears to float on the sea at high tide. L’AUSTRAL (B,L,D)

MONDAY, OCTOBER 17
UWAJIMA / UCHIKO
Today we travel from the port of Uwajima to the small town of Uchiko. Its main street, Yokaichi, is lined with preserved buildings dating from the last years of the Edo period and the subsequent Meiji Restoration. Walk along the picturesque street and pass by an old sake brewery, the Amazake Chaya Teahouse, the Uchikoza Theater and the Kami Hagi-tei, where one of the town’s most influential families once lived. L’AUSTRAL (B,L,D)

TUESDAY, OCTOBER 18
KAGOSHIMA / CHIRAN
From the sunny and pleasant port town of Kagoshima, drive through picturesque tea plantations to Chiran, a town renowned for its fine collection of 18th- and 19th-century samurai houses, some of which are still lived in by the samurais’ descendants. The houses’ small gardens, which are hidden from the narrow streets by walls and hedges, are fine examples of “borrowed landscaping,” incorporating the surrounding mountains and scenery into their design. L’AUSTRAL (B,L,D)

WEDNESDAY, OCTOBER 19
NAGASAKI
Disembark this morning at our first Chinese port, the bustling city of Shanghai astride the Huangpu River. It is China’s financial and commercial hub, as evidenced by its dramatic skyline of eye-popping, post-modern buildings. We begin our day with a tour of the classical Yuyuan Garden, a landscaping gem with a 400-year-old history. Enjoy a relaxing day at sea as we sail toward China. Attend lectures and take advantage of the amenities of our elegant ship, such as its spa, pool and gym. L’AUSTRAL (B,L,D)

THURSDAY, OCTOBER 20
AT SEA
Enjoy a relaxing day at sea as we sail toward China. Attend lectures and take advantage of the amenities of our elegant ship, such as its spa, pool and gym. L’AUSTRAL (B,L,D)

FRIDAY, OCTOBER 21
SHANGHAI, CHINA
Disembark this morning at our first Chinese port, the bustling city of Shanghai astride the Huangpu River. It is China’s financial and commercial hub, as evidenced by its dramatic skyline of eye-popping, post-modern buildings. We begin our day with a tour of the classical Yuyuan Garden, a landscaping gem with a 400-year-old history. Enjoy a relaxing day at sea as we sail toward China. Attend lectures and take advantage of the amenities of our elegant ship, such as its spa, pool and gym. L’AUSTRAL (B,L,D)
old gingko tree, ponds and rockeries, weeping willows and bamboo groves. An especially interesting feature in the Garden is the Nine Zigzag Bridge, built to ward off evil spirits. Later drive along the Bund whose promenade offers a panoramic view of the former “Wall Street” that evokes the colonial days of foreign powers. This afternoon visit the modern Shanghai Museum, brimming with priceless historical objects dating back as far as 3,500 years ago, including bronze ware from the Shang and Zhou dynasties. Walk the pedestrian mall along Xintiandi and Tangzifang streets, lined with art galleries, private studios, tantalizing shops and chic cafes.

SATURDAY, OCTOBER 22
SHANGHAI / SUZHOU
Drive from Shanghai to lovely Suzhou, called the “Venice of the East” because of its many man-made canals. Visit the Garden of the Humble Administrator, one of the Classical Gardens of Suzhou, a UNESCO World Heritage site. Created in the early 16th century by Wang Xichen, a Ming Dynasty administrator, it ranks among the top classical gardens in China. The garden’s landscaping combines nature, art and architecture to evoke a Chinese painting. After lunch at a traditional restaurant, take a cruise along the Grand Canal and stroll along historic Pingjiang Road, beside the eponymous river.

SUNDAY, OCTOBER 23
AT SEA
Spend a restful day listening to lectures and experiencing the many delightful pleasures of our ship. LAUSTRAL (B,L,D)

MONDAY, OCTOBER 24
XIAMEN
Today we travel to the outskirts of Xiamen to visit the South Putuo Temple, one of the most famous temples in southern China and built more than 1,000 years ago. Its name derives from its location south of Putuoshan, a revered Buddhist site in China. Visit its Heavenly King Hall that houses an enormous laughing Buddha flanked by the four heavenly kings. Continue to the Huishan Fortress, completed in 1891 during the Qing Dynasty, where we admire its 60-ton coastal defense cannon and museum of exotic stones and ancient armor. Later in the afternoon enjoy a traditional Chinese tea ceremony, which highlights the ways that the Chinese people have transformed the simple act of drinking tea into a refined art form. LAUSTRAL (B,L,D)

TUESDAY, OCTOBER 25
AT SEA / HONG KONG
Spend a final day of lectures and relaxing aboard LAUSTRAL as we sail toward Hong Kong. This evening we celebrate our Asian adventure and bid farewell to new friends with a farewell reception and dinner. LAUSTRAL (B,L,D)

WEDNESDAY, OCTOBER 26
HONG KONG / DISEMBARK / U.S.
Disembark LAUSTRAL and transfer to the Hong Kong airport for independent flights home, crossing the international date line en route and arriving in the U.S. the same day. (B)

Optional Pre-trip Extension to Kyoto

OCTOBER 9 TO 13 (3 DAYS)
Discover Kyoto, the imperial capital of Japan and the center of its economy and culture from the 8th century until the mid-19th century. Known for its temples, gardens and shrines, the city is nestled picturesquely amid the Tanba Mountains and still retains an old-world atmosphere. Visit highlights such as the iconic Kinkaku-ji or Golden Pavilion, elegant Zen rock garden at Ryoan-ji, historic Nijo Castle and famous Gion geisha district. Additional details and pricing will be sent to confirmed participants.
**L’Austral**

*L’Austral* is a modern, sleek, small-capacity yacht. All of the staterooms have ocean views and most feature private balconies. Each is equipped with the choice of two twin beds or a king-size bed, en suite bathroom with shower, individual air conditioning, safe, mini-bar, telephone, Wi-Fi access (for an additional fee) and flat screen TV. Public areas include two restaurants, two lounges, an open-air bar and two sun decks for relaxing. Additional amenities include a pool, spa, fitness room, hairdresser, boutique, library and theater.

### Program Cost*

<table>
<thead>
<tr>
<th>DESCRIPTION (size is approximate)</th>
<th>DOUBLE</th>
<th>SINGLE**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Superior Stateroom Deck 3</td>
<td>226 sq. ft. with large window</td>
<td>$9,990</td>
</tr>
<tr>
<td>Deluxe Stateroom Deck 3</td>
<td>200 sq. ft. + 43-sq.-ft. private balcony</td>
<td>$11,290</td>
</tr>
<tr>
<td>Prestige Stateroom Deck 4</td>
<td>200 sq. ft. + 43-sq.-ft. private balcony</td>
<td>$11,590</td>
</tr>
<tr>
<td>Prestige Stateroom Deck 5</td>
<td>200 sq. ft. + 43-sq.-ft. private balcony</td>
<td>$11,790</td>
</tr>
<tr>
<td>Prestige Stateroom Deck 6</td>
<td>200 sq. ft. + 443-sq.-ft. private balcony</td>
<td>$11,990</td>
</tr>
<tr>
<td>Prestige Suite Deck 5</td>
<td>Two Deck 5 Prestige Staterooms combined; 398 sq. ft. + 86-sq.-ft. private balcony</td>
<td>$13,790</td>
</tr>
<tr>
<td>Prestige Suite Deck 6</td>
<td>Two Deck 6 Prestige Staterooms combined; 398 sq. ft. + 86-sq.-ft. private balcony</td>
<td>$13,990</td>
</tr>
</tbody>
</table>

*Please contact Travel/Study for availability and pricing of Owner’s Suite and Deluxe Suites on Deck 6.

**Association nonmembers add $300 per person.

**Single accommodations may be limited to as few as 3 cabins.
Information

**D A T E S**
October 12 to 26, 2016 (15 days)

**S I Z E**
This program can accommodate 56 Stanford participants. We have secured blocked space on L’Austral, which has a total capacity of 264 passengers. Although there will be other passengers onboard, Stanford will have exclusive shore excursions, lectures and special events. Single accommodations are extremely limited; please call for availability.

**I N C L U D E D**
1 night of deluxe hotel accommodations in Osaka • 12-night cruise aboard L’Austral • 13 breakfasts, 12 lunches and 12 dinners • Welcome and farewell receptions • Open bar aboard ship • Gratuities to guides, drivers and ship crew for all group activities • All tours and shore excursions as described in the itinerary • Transfers and baggage handling on program arrival and departure days • Port fees and embarkation taxes • Minimal medical, accident and evacuation insurance • Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information • Services of our professional tour manager to assist you throughout the program

**N O T I N C L U D E D**
International and U.S. domestic airfare • Passport and visa fees • Immunization costs • Meals and beverages other than those specified as included • Independent and private transfers • Trip-cancellation/interruption and baggage insurance • Excess-baggage charges • Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services

**A I R A R R A N G E M E N T S**
International and U.S. domestic airfare is not included in the program cost. Round-trip, economy-class airfare on United Airlines from San Francisco to Osaka, Japan, and return from Hong Kong is approximately $1,350 as of January 2016 and is subject to change without notice. Information on recommended flight itineraries will be sent by our designated agent.

**W H A T T O E X P E C T**
We consider this to be a moderately strenuous program that is at times physically demanding and busy. Participants must be physically fit, active and in good health. Daily excursions involve up to one mile of walking at a time, often on uneven terrain. In many instances such as in historic temples and houses, elevators are not available, stairs may not have handrails and paths may be rocky or uneven. Participants will be required to remove shoes while visiting temples, shrines and a number of other sites. Participants should feel comfortable walking on a rocking ship; there is an elevator on the ship. We welcome travelers 15 years of age and older on this program.

**Deposit & Final Payment**
A $1,000-per-person deposit is required to hold your space. A $200-per-person deposit is required to hold space for the optional pre-trip extension to Kyoto, Japan, Sign up online at alumni.stanford.edu/trip/japansea2016 or call the Travel/Study office at (650) 725-1093. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

**Cancellations & Refunds**
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

**Insurance**
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information will be provided to travelers with their welcome materials. The product offered includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

**Eligibility**
We encourage membership in the Alumni Association as the program cost for nonmembers is $300 more than the members’ price. A person traveling as a paid guest of a current member will not be charged the nonmember fee. To purchase a membership, visit alumni.stanford.edu/goto/membership or call (650) 725-0692.

**Responsibility**
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. It is understood that the ship’s ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in January 2016 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

Terms & Conditions

**TELEPHONE** (650) 725-1093
**EMAIL** travelstudy@alumni.stanford.edu

California Seller of Travel Program Registration #2048 523-50

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“The trip took us to amazing places. The ancient and historic sites were incredible, but even more valuable were the commentaries by our faculty lecturer and the conversations with other participants.”

JAN KILNER, ALONG THE SILK ROAD, 2015