Stanford Travel/Study

Japan and China by Sea

SAIL ABOARD L’AUSTRAL

October 12 to 26, 2016

a program of the stanford alumni association
What could be more luxurious than sailing aboard an elegant yacht to discover both modern and historic venues in Japan and China? We’ve put this trip together to include some of the most fascinating sites of both countries, with excursions to world-class gardens, castles, art and history museums, and religious shrines, plus a couple of leisurely days at sea where we’ll be pampered aboard L’Austral. Although the countries are not-so-distant neighbors, their histories, cultures, political systems and natural environments are quite diverse. Come with us on this extraordinary journey by sea and learn from Japan expert Professor Peter Duus and local guides about these two very important Asian countries.

BRETT S. THOMPSON, ‘83, DIRECTOR, STANFORD TRAVEL/STUDY

Highlights

**STROLL** through the graceful grounds of the classical Yuyuan Garden, tucked away in the center of bustling Shanghai.

**REFLECT** on a somber period of world history at Hiroshima’s Peace Memorial Park and Museum and learn about the city’s ongoing efforts for peace.

**REVEL** at the Ohara Museum of Art’s fine collection of Asian art and Western impressionist paintings in Kurashiki.

**ENJOY** the many comforts of our luxurious yacht, L’Austral, as we sail amid the islands of Japan and across the East China Sea to China.
PETER DUUS, William H. Bonsall Professor of History Emeritus, served on the Stanford faculty for 30 years before retiring in 2003. He has taught courses on Japanese history, as well as a year-long introductory course on the history of East Asia, and has published articles on Sino-Japanese relations in modern times. Prior to his arrival at Stanford, he taught at Harvard University, Washington University and Claremont Graduate School. He has twice served as resident professor at the Stanford Japan Center in Kyoto, where he also taught after retirement. Since the early 1960s he has spent more than a dozen years, off and on, living in Japan, where he now spends the spring and fall, and he has traveled often in China and Korea. He has a deep interest in not only the differences and conflicts among the countries of East Asia but also the common elements in their cultures. “Those are fascinating themes that I hope to explore in my lectures as we make our way through the region,” he says.

— Professor of history, Stanford University, 1973–2003
— Past president, Association for Asian Studies; member, American Academy of Arts and Sciences
— Awarded research fellowships from the Ford Foundation, the National Endowment for the Humanities, the Japan Foundation and the Fulbright Commission
— Author of two widely used college textbooks on Japanese history, *Feudalism in Japan* and *The Rise of Modern Japan*, as well as editor of Volume 6 of the *Cambridge History of Japan*
— Awarded the Order of the Rising Sun, 2013
— PhD, modern Japanese history, Harvard University
C H I N A

L’AUSTRAL

the local feudal lord in the Enshu

gardens in Japan. Built in 1700 by

one of the three best landscape

Korakuen Garden, considered

to Okayama to visit the expansive

Disembark at Tamano and drive

tamano / okayama /

SATURDAY, OCTOBER 15

ship.

embarkation on our luxurious

transfer to the port in Osaka for

in 593 C.E. This afternoon

Buddhist temple, established

the Shitenno-ji, Japan’s oldest

in the late 16th century, and

Castle, originally completed

this lively city includes the Osaka

center, known for its cuisine and

Osaka, Japan’s third-largest

city, is a vibrant commercial

city, replete with modern

atomic bomb, is now a renowned

peace city replete with modern

skyscrapers and wide boulevards.

Hiroshima, site of the first aerial

dropping and detonation of an

atomic bomb in 1945, is now a busy

Japanese city to be severely

damaged by a U.S. atomic

bomb in 1945, is now a renowned

financial and commercial hub,

as evidenced by its dramatic

skyline of eye-popping, post-

modern buildings. We begin

our day with a tour of the

classical Yuyuan Garden, a

landscaping gem with a 400-year-

presenting Japanese art from the 19th century, it was a

influence of Uwajima to the small town of

Uwajima, a town renowned for

picturesque tea plantations to

Kagoshima, a town famous for

its fine collection of 18th- and

19th-century samurai houses,

some of which are still lived in by

the samurais’ descendants. The

houses’ small gardens, which

are hidden from the narrow

streets by walls and hedges,

are fine examples of “borrowed

landscaping,” incorporating

the surrounding mountains

and scenery into their design.

TUESDAY, OCTOBER 18

KAGOSHIMA / CHIRAN

From the sunny and pleasant port

town of Kagoshima, drive through

picturesque tea plantations to

Chiran, a town renowned for

its fine collection of 18th- and

19th-century samurai houses,

some of which are still lived in by

the samurais’ descendants. The

houses’ small gardens, which

are hidden from the narrow

streets by walls and hedges,

are fine examples of “borrowed

landscaping,” incorporating

the surrounding mountains

and scenery into their design.

L'AUSTRAZL (B,L,D)

TUESDAY, OCTOBER 18

KAGOSHIMA / CHIRAN

From the sunny and pleasant port

town of Kagoshima, drive through

picturesque tea plantations to

Chiran, a town renowned for

its fine collection of 18th- and

19th-century samurai houses,

some of which are still lived in by

the samurais’ descendants. The

houses’ small gardens, which

are hidden from the narrow

streets by walls and hedges,

are fine examples of “borrowed

landscaping,” incorporating

the surrounding mountains

and scenery into their design.

L'AUSTRAZL (B,L,D)

THURSDAY, OCTOBER 20

AT SEA

Enjoy a relaxing day at sea as

we sail toward China. Attend

lectures and take advantage of

the amenities of our elegant ship,

such as its spa, pool and gym.

L'AUSTRAZL (B,L,D)

FRIDAY, OCTOBER 21

SHANGHAI, CHINA

Disembark this morning at our

first Chinese port, the bustling

city of Shanghai astride the

Huangpu River. It is China’s

financial and commercial hub,

as evidenced by its dramatic

skyline of eye-popping, post-

modern buildings. We begin

our day with a tour of the

classical Yuyuan Garden, a

landscaping gem with a 400-year-

living.
old gingko tree, ponds and rockeries, weeping willows and bamboo groves. An especially interesting feature in the Garden is the Nine Zigzag Bridge, built to ward off evil spirits. Later drive along the Bund whose promenade offers a panoramic view of the former “Wall Street” that evokes the colonial days of foreign powers. This afternoon visit the modern Shanghai Museum, brimming with priceless historical objects dating back as far as 3,500 years ago, including bronze ware from the Shang and Zhou dynasties. Walk the pedestrian mall along Xintiandi and Tangzifang streets, lined with art galleries, private studios, tantalizing shops and chic cafes. L’AUSTRAL (B,l,D)

SATURDAY, OCTOBER 22
SHANGHAI / SUZHOU
Drive from Shanghai to lovely Suzhou, called the “Venice of the East” because of its many man-made canals. Visit the Garden of the Humble Administrator, one of the Classical Gardens of Suzhou, a UNESCO World Heritage site. Created in the early 16th century by Wang Xichen, a Ming Dynasty administrator, it ranks among the top classical gardens in China. The garden’s landscaping combines nature, art and architecture to evoke a Chinese painting. After lunch at a traditional restaurant, take a cruise along the Grand Canal and stroll along historic Pingjiang Road, beside the eponymous river. L’AUSTRAL (B,l,D)

SUNDAY, OCTOBER 23
AT SEA
Spend a restful day listening to lectures and experiencing the many delightful pleasures of our ship. L’AUSTRAL (B,l,D)

MONDAY, OCTOBER 24
XIAMEN
Today we travel to the outskirts of Xiamen to visit the South Putuo Temple, one of the most famous temples in southern China and built more than 1,000 years ago. Its name derives from its location south of Putuoshan, a revered Buddhist site in China. Visit its Heavenly King Hall that houses an enormous laughing Buddha flanked by the four heavenly kings. Continue to the Hulishan Fortress, completed in 1891 during the Qing Dynasty, where we admire its 60-ton coastal defense cannon and museum of exotic stones and ancient armor. Later in the afternoon enjoy a traditional Chinese tea ceremony, which highlights the ways that the Chinese people have transformed the simple act of drinking tea into a refined art form. L’AUSTRAL (B,l,D)

TUESDAY, OCTOBER 25
AT SEA / HONG KONG
Spend a final day of lectures and relaxing aboard L’Austral as we sail toward Hong Kong. This evening we celebrate our Asian adventure and bid farewell to new friends with a farewell reception and dinner. L’AUSTRAL (B,l,D)

WEDNESDAY, OCTOBER 26
HONG KONG / DISEMBARK / U.S.
Disembark L’Austral and transfer to the Hong Kong airport for independent flights home, crossing the international date line en route and arriving in the U.S. the same day. (B)

Optional Pre-trip Extension to Kyoto

OCTOBER 9 TO 13 (3 DAYS)
Discover Kyoto, the imperial capital of Japan and the center of its economy and culture from the 8th century until the mid-19th century. Known for its temples, gardens and shrines, the city is nestled picturesquely amid the Tanba Mountains and still retains an old-world atmosphere. Visit highlights such as the iconic Kinkaku-ji or Golden Pavilion, elegant Zen rock garden at Ryoan-ji, historic Nijo Castle and famous Gion geisha district. Additional details and pricing will be sent to confirmed participants.
**L’Austral**

*L’Austral* is a modern, sleek, small-capacity yacht. All of the staterooms have ocean views and most feature private balconies. Each is equipped with the choice of two twin beds or a king-size bed, en suite bathroom with shower, individual air conditioning, safe, mini-bar, telephone, Wi-Fi access (for an additional fee) and flat screen TV. Public areas include two restaurants, two lounges, an open-air bar and two sun decks for relaxing. Additional amenities include a pool, spa, fitness room, hairdresser, boutique, library and theater.

### Program Cost*

<table>
<thead>
<tr>
<th>Description (size is approximate)</th>
<th>Double</th>
<th>Single**</th>
</tr>
</thead>
<tbody>
<tr>
<td>Superior Stateroom Deck 3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Deluxe Stateroom Deck 3</td>
<td>$9,990</td>
<td></td>
</tr>
<tr>
<td>Prestige Stateroom Deck 4</td>
<td>$11,590</td>
<td>$16,890</td>
</tr>
<tr>
<td>Prestige Stateroom Deck 5</td>
<td>$11,790</td>
<td>$17,290</td>
</tr>
<tr>
<td>Prestige Stateroom Deck 6</td>
<td>$11,990</td>
<td>$17,790</td>
</tr>
<tr>
<td>Prestige Suite Deck 5</td>
<td>$13,790</td>
<td></td>
</tr>
<tr>
<td>Prestige Suite Deck 6</td>
<td>$13,990</td>
<td></td>
</tr>
</tbody>
</table>

Please contact travel/study for availability and pricing of owner’s suite and deluxe suites on deck 6.

*Association nonmembers add $300 per person.

**Single accommodations may be limited to as few as 3 cabins.
Information

**DATES**
October 12 to 26, 2016 (15 days)

**SIZE**
This program can accommodate 56 Stanford participants. We have secured blocked space on L’Austral, which has a total capacity of 264 passengers. Although there will be other passengers onboard, Stanford will have exclusive shore excursions, lectures and special events. Single accommodations are extremely limited; please call for availability.

**INCLUDED**
- 1 night of deluxe hotel accommodations in Osaka
- 12-night cruise aboard L’Austral
- 13 breakfasts, 12 lunches and 12 dinners
- Welcome and farewell receptions
- Open bar aboard ship
- Gratuities to guides, drivers and ship crew for all group activities
- All tours and shore excursions as described in the itinerary
- Transfers and baggage handling on program arrival and departure days
- Port fees and embarkation taxes
- Minimal medical, accident and evacuation insurance
- Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information
- Services of our professional tour manager to assist you throughout the program

**NOT INCLUDED**
- International and U.S. domestic airfare
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Trip-cancellation/interruption and baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services

**AIR ARRANGEMENTS**
International and U.S. domestic airfare is not included in the program cost. Round-trip, economy-class airfare on United Airlines from San Francisco to Osaka, Japan, and return from Hong Kong is approximately $1,350 as of January 2016 and is subject to change without notice. Information on recommended flight itineraries will be sent by our designated agent.

**WHAT TO EXPECT**
We consider this to be a moderately strenuous program that is at times physically demanding and busy. Participants must be physically fit, active and in good health. Daily excursions involve up to one mile of walking at a time, often on uneven terrain. In many instances such as in historic temples and houses, elevators are not available, stairs may not have handrails and paths may be rocky or uneven. Participants will be required to remove shoes while visiting temples, shrines and a number of other sites. Participants should feel comfortable walking on a rocking ship; there is an elevator on the ship. We welcome travelers 15 years of age and older on this program.

**Deposit & Final Payment**
A $1,000-per-person deposit is required to hold your space. A $200-per-person deposit is required to hold space for the optional pre-trip extension to Kyoto, Japan. Sign up online at alumni.stanford.edu/trip/japansea2016 or call the Travel/Study office at (650) 725-1093. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

**Cancellations & Refunds**
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

**Insurance**
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information will be provided to travelers with their welcome materials. The product offered includes special benefits if you purchase your policy within 14 days of written confirmation of your participation on the trip.

**Eligibility**
We encourage membership in the Alumni Association as the program cost for nonmembers is $300 more than the members’ price. A person traveling as a paid guest of a current member will not be charged the nonmember fee. To purchase a membership, visit alumni.stanford.edu/goto/membership or call (650) 725-0692.

**Responsibility**
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. It is understood that the ship’s ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in January 2016 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

**Terms & Conditions**
“The trip took us to amazing places. The ancient and historic sites were incredible, but even more valuable were the commentaries by our faculty lecturer and the conversations with other participants.”

JAN KILNER, ALONG THE SILK ROAD, 2015