Unseen Japan
HIDDEN GEMS OF AN ISLAND NATION
November 5 to 18, 2015

a program of the stanford alumni association
Ever since the U.S. Navy’s Commodore Matthew Perry negotiated the opening of Japan’s ports to American traders in the mid-1850s, Japan’s culture has fascinated outsiders with its beauty and mystique. Now in its 12th year, this faculty-crafted program endures as a unique, in-depth exploration of this ever-intriguing country. Experience the contrasting energies and environments between the Imperial capital of Kyoto and the hot springs resort of Beppu and between the cosmopolitan port city of Hiroshima and the artist retreat of Naoshima. With Japanese history expert Professor Peter Duus leading the way, you’ll be part of an extraordinary journey through Japan.

BRET S. THOMPSON, ’83, DIRECTOR, STANFORD TRAVEL/STUDY

Highlights

**ENJOY** a private visit to the Isamu Noguchi Museum, which features the works of the sculptor for whom the museum is named.

**TRAVEL** from Beppu to Hiroshima at speeds of 200 miles per hour aboard Japan’s famous shinkansen (bullet train), a pinnacle of modern engineering.

**VIEW** some of Japan’s cutting-edge art, housed in museums, traditional buildings and outdoors, on the island of Naoshima.

COVER: FUSHIMI INARI TAISHA SHRINE, KYOTO
Faculty Leader

**PETER DUUS,** William H. Bonsall Professor of History Emeritus, taught at Stanford for 30 years before retiring in 2003. Prior to his arrival at Stanford, he taught at Harvard University, Washington University and Claremont Graduate School. Since the early 1960s he has spent more than a dozen years, off and on, living in Japan, where he now spends the spring and fall. He has taught at the International Division of Waseda University in Tokyo and twice served as resident professor at the Stanford Japan Center in Kyoto, where he still occasionally teaches. Professor Duus has developed and refined unique itineraries for Stanford Travel/Study tours to Japan and has led the tours multiple times. "Our trip this time takes us to sites often bypassed by the ordinary tourist," he says, "And my lectures along the way try to give travelers a deeper understanding of Japan’s fascinating traditions, culture, religion and history."

—Professor of history, Stanford University, 1973–2003
—Past president, Association for Asian Studies; member, American Academy of Arts and Sciences
—Awarded research fellowships from the Ford Foundation, the National Endowment for the Humanities, the Japan Foundation and the Fulbright Commission
—Author of two widely used college textbooks on Japanese history, *Feudalism in Japan* and *The Rise of Modern Japan*
—Awarded the Order of the Rising Sun, 2013
—PhD, modern Japanese history, Harvard University

---

**Reservation Form**

**Unseen Japan**

<table>
<thead>
<tr>
<th>MR. / MRS. / MS.</th>
<th>Miss / Dr. / Prof.</th>
<th>ADDRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>CITY / STATE / ZIP</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PHONE CELL / WORK / HOME</td>
</tr>
<tr>
<td></td>
<td></td>
<td>EMAIL ADDRESS</td>
</tr>
</tbody>
</table>

I/We have read the Terms and Conditions for the program and agree to them.

**SIGNATURE**

If this is a reservation for one person, please indicate:

☐ I wish to have single accommodations.

OR ☐ I plan to share accommodations with:

☐ I’d like to know about possible roommates.

**BED PREFERENCE:**

☐ Twins ☐ Double

Here is my deposit of $________ ($1,000 per person) for _____ space(s) plus $______ ($200 per person) for the optional pre-trip extension.

☐ Enclosed is my check (payable to Stanford Alumni Association) OR

☐ Charge my deposit to my:

☐ Visa ☐ MasterCard ☐ American Express

---

**CARD #**

**EXPIRATION DATE**

CARDHOLDER SIGNATURE

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at alumni.stanford.edu/trip/unseenjapan2015. Submit your reservation only once to avoid multiple charges to your account.

---

"Peter was the best! His understanding of the Japanese and Japan provided a very special insight into their customs and sensitivity to tradition."

**RICHARD DARLING,**
**UNSEEN JAPAN, 2014**

---

**S T A N F O R D T R A V E L / S T U D Y**

---

**SIGN UP ONLINE!**

---

**PETER DUUS,** William H. Bonsall Professor of History Emeritus, taught at Stanford for 30 years before retiring in 2003. Prior to his arrival at Stanford, he taught at Harvard University, Washington University and Claremont Graduate School. Since the early 1960s he has spent more than a dozen years, off and on, living in Japan, where he now spends the spring and fall. He has taught at the International Division of Waseda University in Tokyo and twice served as resident professor at the Stanford Japan Center in Kyoto, where he still occasionally teaches. Professor Duus has developed and refined unique itineraries for Stanford Travel/Study tours to Japan and has led the tours multiple times. "Our trip this time takes us to sites often bypassed by the ordinary tourist," he says, "And my lectures along the way try to give travelers a deeper understanding of Japan’s fascinating traditions, culture, religion and history."

—Professor of history, Stanford University, 1973–2003
—Past president, Association for Asian Studies; member, American Academy of Arts and Sciences
—Awarded research fellowships from the Ford Foundation, the National Endowment for the Humanities, the Japan Foundation and the Fulbright Commission
—Author of two widely used college textbooks on Japanese history, *Feudalism in Japan* and *The Rise of Modern Japan*
—Awarded the Order of the Rising Sun, 2013
—PhD, modern Japanese history, Harvard University

---

**STANFORD TRAVEL/STUDY**

---

**SIGN UP ONLINE!**

---

**PETER DUUS,** William H. Bonsall Professor of History Emeritus, taught at Stanford for 30 years before retiring in 2003. Prior to his arrival at Stanford, he taught at Harvard University, Washington University and Claremont Graduate School. Since the early 1960s he has spent more than a dozen years, off and on, living in Japan, where he now spends the spring and fall. He has taught at the International Division of Waseda University in Tokyo and twice served as resident professor at the Stanford Japan Center in Kyoto, where he still occasionally teaches. Professor Duus has developed and refined unique itineraries for Stanford Travel/Study tours to Japan and has led the tours multiple times. "Our trip this time takes us to sites often bypassed by the ordinary tourist," he says, "And my lectures along the way try to give travelers a deeper understanding of Japan’s fascinating traditions, culture, religion and history."

—Professor of history, Stanford University, 1973–2003
—Past president, Association for Asian Studies; member, American Academy of Arts and Sciences
—Awarded research fellowships from the Ford Foundation, the National Endowment for the Humanities, the Japan Foundation and the Fulbright Commission
—Author of two widely used college textbooks on Japanese history, *Feudalism in Japan* and *The Rise of Modern Japan*
—Awarded the Order of the Rising Sun, 2013
—PhD, modern Japanese history, Harvard University

---

**Reservoir Form**

**Unseen Japan**

<table>
<thead>
<tr>
<th>MR. / MRS. / MS.</th>
<th>Miss / Dr. / Prof.</th>
<th>NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>AGE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>STANFORD CLASS</td>
</tr>
<tr>
<td></td>
<td></td>
<td>NAME</td>
</tr>
<tr>
<td></td>
<td></td>
<td>AGE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>STANFORD CLASS</td>
</tr>
</tbody>
</table>

**ADDRESS**

<table>
<thead>
<tr>
<th>CITY / STATE / ZIP</th>
</tr>
</thead>
</table>

**PHONE CELL / WORK / HOME**

**EMAIL ADDRESS**

I/We have read the Terms and Conditions for the program

**SIGNATURE**

If this is a reservation for one person, please indicate:

☐ I wish to have single accommodations.

OR ☐ I plan to share accommodations with:

☐ I’d like to know about possible roommates.

**BED PREFERENCE:**

☐ Twins ☐ Double

Here is my deposit of $________ ($1,000 per person) for _____ space(s) plus $______ ($200 per person) for the optional pre-trip extension.

☐ Enclosed is my check (payable to Stanford Alumni Association) OR

☐ Charge my deposit to my:

☐ Visa ☐ MasterCard ☐ American Express

---

**CARD #**

**EXPIRATION DATE**

CARDHOLDER SIGNATURE

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at alumni.stanford.edu/trip/unseenjapan2015. Submit your reservation only once to avoid multiple charges to your account.
Optional Pre-trip Extension Tokyo

MONDAY & TUESDAY, NOVEMBER 2 & 3
U.S. / TOKYO
Depart San Francisco on flights to Tokyo, crossing the international date line en route. Upon arrival, transfer to our well-located hotel, where the Imperial Palace grounds and Ginza District are all within walking distance. IMPERIAL HOTEL

WEDNESDAY & THURSDAY, NOVEMBER 4 & 5
TOKYO
On our sightseeing tour Wednesday morning visit the magnificent Meiji Shrine, located in a vast wooded area not far from the city center; the Asakusa Buddhist Temple; the city’s bustling arcade district; and the Edo-Tokyo Museum. All day Thursday is free for individual pursuits before enjoying a Kabuki performance this evening. IMPERIAL HOTEL (11/4 & 5; B, 11/4: L)

FRIDAY, NOVEMBER 6
TOKYO / KYOTO
This morning transfer by train to Kyoto where we meet our main Travel/Study group. WESTIN MIYAKO HOTEL (B)

Pricing will be sent to confirmed passengers.

Itinerary

THURSDAY & FRIDAY, NOVEMBER 5 & 6
DEPART U.S. / OSAKA, JAPAN / KYOTO
Depart San Francisco on flights to Osaka, crossing the international date line en route. After our arrival in Osaka on Friday, transfer to Kyoto by private coach and check in to our comfortable and well-located hotel. The evening is free to relax and rest. WESTIN MIYAKO HOTEL

SATURDAY, NOVEMBER 7
KYOTO
Surrounded by mountains to the north, east and west, Kyoto was officially inaugurated as Japan’s new capital by the emperor Kammu in 794 C.E. We begin our exploration with a visit to Nijo Castle. Enjoy a typical Japanese lunch at a local restaurant and continue to Ryoan-ji, a beautiful example of a Zen rock garden. Finally, visit one of Japan’s most enduring sites, Kyoto’s Golden Pavilion, before returning to our hotel for a welcome cocktail reception and dinner. WESTIN MIYAKO HOTEL (B,L,D)
SUNDAY, NOVEMBER 8
KYOTO
Travel to the Miho Museum, located in a nature preserve in the Shigaraki Mountains. The unique structure was designed by Chinese-American architect I.M. Pei to house the Shumei Foundation's collection of Japanese teaware and rare art objects that ranges from the Mediterranean to China. Return to Kyoto after lunch to enjoy some time at leisure before dinner. WESTIN MIYAKO HOTEL (B,L,D)

MONDAY, NOVEMBER 9
KYOTO
Visit the Nanzen-ji Temple before we take a walking tour of the eastern foothills. This morning's route follows a canal lined with cherry trees and zen temples and ends at the Gingaku-ji Silver Pavilion, a classic medieval villa. Enjoy a free afternoon strolling the streets and visiting the shops of this alluring city. WESTIN MIYAKO HOTEL (B,L)

TUESDAY, NOVEMBER 10
KYOTO / NARA / KYOTO
Embark on a full-day excursion by coach to Nara, located about two hours from Kyoto. Visit the Kasuga Shrine, found in the 8th century by the Fujiwara family and approached by a path lined with thousands of stone lanterns. Continue to the Todai-ji Temple to view its immense bronze daibutsu, or large Buddha, figure. After lunch at a local restaurant, visit the Nara National Museum before returning to Kyoto, stopping along the way at Byodo-in (“Phoenix Hall”), one of the most famous structures in Japan and featured on the Japanese 10-yen coin. WESTIN MIYAKO HOTEL (B,L)

WEDNESDAY, NOVEMBER 11
KYOTO / KUMAMOTO
Transfer to the Osaka-Kansai International Airport for our flight to Kumamoto. Spend the day exploring the famous Kumamoto Castle, the stronghold built in the early 1600s by Kiyomasa Kato, one of the powerful feudal lords who ruled Japan until the 19th century. The massive structure was partially destroyed during a local rebellion in 1877 but meticulously restored in the 1960s. Also visit the residential villa of the Hosokawa lords and Suizen-ji Park, the lords' lovely pleasure garden. NIKKO KUMAMOTO HOTEL (B,L)

THURSDAY, NOVEMBER 12
KUMAMOTO / BEPPU
Begin today with an ascent by aerial tramway of Mount Aso, the world’s largest caldera and an active volcano, and take in splendid vistas of the surrounding countryside. Continue on a scenic drive across the island of Kyushu through hills studded with fall colors to Beppu, where we stay in a hot springs resort. This evening take the opportunity to enjoy a relaxing soak in one of our hotel’s spa pools. SUGINOI HOTEL (B,L,D)

FRIDAY, NOVEMBER 13
BEPPU / HIROSHIMA
This morning visit one of Beppu’s myriad steaming volcanic vents, or “boiling hells” as they are often called. Travel by shinkansen (bullet train) to Hiroshima this afternoon and explore the city independently this evening. RIHGA ROYAL HOTEL (B)

SATURDAY, NOVEMBER 14
HIROSHIMA
For centuries the castle town of Hiroshima was the most important port city in this region and became a military base during World Wars I and II, thus becoming the primary target
of the first atomic bomb attack in 1945. Travel by ferry this morning to the sacred island of Miyajima to visit the Itsukushima Shrine and view the massive vermilion torii gate standing in the sea just offshore. This afternoon visit the Peace Memorial Park with buildings designed by famed architect, Kenzo Tange.

**RIHGA ROYAL HOTEL (B,L)**

**SUNDAY, NOVEMBER 15**

**HIROSHIMA / KURASHIKI**

Travel this morning by bus to Kurashiki, an old river port city that has an immaculately preserved 18th-century merchant quarter situated along a canal lined with traditional storehouses now occupied by museums, teahouses and shops. On our walking tour, visit the Ohashi House, the residence of a former samurai family; the Folk Art Museum; and the Ohara Museum of Fine Art with its displays of Western impressionist works as well as traditional textiles, woodblocks and ceramics. [KURASHIKI KOKUSAI HOTEL (B,L)]

**MONDAY, NOVEMBER 16**

**KURASHIKI / TAKAMATSU / NAOSHIMA**

This morning cross the Inland Sea to Takamatsu on the island of Shikoku. Visit the Isamu Noguchi Museum that features the works of the sculptor for whom the museum is named. Also visit the Shikoku Folk Village that displays historic structures, tools and other trappings of rural life on Shikoku, then stop at Ritsurin Park, regarded as one of the most outstanding landscape gardens in Japan. Work on the park began in the 1600s and took nearly 100 years to complete. Using adjacent Mount Shiun as a backdrop in demonstrating a principle known as “borrowed landscaping,” the park incorporates the mountain into its overall design. Continue this afternoon by ferry to Naoshima, a small island in the Seto Inland Sea.

[BENESSE HOUSE (B,L,D)]

**TUESDAY, NOVEMBER 17**

**NAOSHIMA**

Spend today at leisure exploring Naoshima by bus, on foot or by bicycle. The community is devoted to contemporary art, with two striking museums, interactive installations housed in traditional buildings and outdoor sculptures displayed throughout the island, making it Japan’s major destination for viewing cutting-edge art. Naoshima is a place of discovery, with a unique symbiotic relationship between natural scenic beauty and art. Explore the art facilities and the Chichu Art Museum. Enjoy a festive farewell reception and dinner this evening.

[BENESSE HOUSE (B,L,D)]

**WEDNESDAY, NOVEMBER 18**

**NAOSHIMA / OSAKA / U.S.**

Transfer by ferry and train to the Osaka-Kansai International Airport for flights home, arriving back in the U.S. the same day.
Trip Information

DATES
November 5 to 18, 2015 (14 days)

SIZE
Limited to 36 participants

COST*
$8,495 per person, double occupancy
$9,745 per person, single occupancy
*Association nonmembers add $200 per person

INCLUDED
12 nights of deluxe hotel accommodations,
12 breakfasts, 10 lunches and 5 dinners,
Welcome and farewell cocktail receptions,
Gratuities to porters, guides and drivers for all group activities,
All tours and excursions as described in the itinerary,
Transfers and baggage handling on program arrival and departure days,
Internal flight within Japan,
Minimal medical, accident and evacuation insurance,
Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information,
Services of our professional tour manager to assist you throughout the program.

NOT INCLUDED
International and U.S. domestic airfare,
Passport and visa fees,
Immunization costs,
Meals and beverages other than those specified as included,
Independent and private transfers,
Trip-cancellation/interruption and baggage insurance,
Excess-baggage charges,
Personal items such as internet access, telephone and fax calls, laundry and gratuities for nongroup services.

AIR ARRANGEMENTS
International and U.S. domestic airfare is not included in the program cost.
Round-trip, economy-class airfare on United Airlines between San Francisco and the Osaka–Kansai International Airport is approximately $1,900 as of December 2014 and is subject to change without notice. Information on recommended flight itineraries will be sent by our tour operator.

WHAT TO EXPECT
We consider this program to be moderately strenuous and at times physically demanding and busy.
Daily programs involve one to three miles of walking, often on uneven terrain. In some instances, such as at temples, stairs are unavailable or do not have handrails. Though all of our accommodations feature Western amenities and are quite comfortable, hotels in Japan tend to be less luxurious than in many other parts of the world. Please note that twin-bedded rooms tend to be more spacious than single-bedded rooms. Participants must be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.

Terms & Conditions

Deposit & Final Payment
A $1,000-per-person deposit is required to hold space for this program. An additional $200-per-person deposit is required to hold space for the optional Tokyo pre-trip extension. Complete and return the attached reservation form or place your deposit online. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

Cancellations & Refunds
Deposits and any payments are refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. A brochure offering such insurance will be provided to U.S. residents with their welcome materials. The product offered in this brochure includes special benefits if you purchase your policy within a specified window 14 to 21 days of the date listed on the welcome letter, depending on your destination and state of residence.

Eligibility
We encourage membership in the Alumni Association as the program cost for nonmembers is $200 more than the members’ price. Parents and their children under 21 may travel on one membership. For more information or to purchase a membership, visit alumni.stanford.edu/gto/member or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner’s risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in December 2014 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges.

California Seller of Travel Program Registration #2048 525-50

TEL (650) 725-1093
FAX (650) 725-8675
EMAIL TRAVELSTUDY@STANFORDALUMNI.ORG
© COPYRIGHT 2014 STANFORD ALUMNI ASSOCIATION. ALL RIGHTS RESERVED.
PRINTED ON RECYCLED, FSC-CERTIFIED PAPER IN THE U.S.
HAiku by John Sasser, MBA ’76, Unseen Japan, 2014

“Fearless travelers,
Braved typhoon and bento box,
Travel/Study rocks!”