PASSAGE into WEST AFRICA
voyage to hidden nature reserves, villages and islands
January 12 to 24, 2012

a program of the stanford alumni association
This amazing coastal region of West Africa is a rich and diverse mosaic of cultures, history and topography. We have fashioned this highly scenic and colorful voyage to focus on the countries’ cultures and peoples, in addition to the profuse biodiversity we’ll see along the way. There is no better way to explore the coast of West Africa and the Bijagós Archipelago than by private yacht, and the Callisto certainly fits the bill with its teak decks, luxurious cabins, stylish appointments and superb dining service. While we cruise this stunning coastline, Stanford professor David Abernethy illuminates the region’s complex past and the countries’ various transitions to independence. Join us on what promises to be an incredible voyage of discovery!

BRETT S. THOMPSON, ’83, DIRECTOR, STANFORD TRAVEL/STUDY

Highlights

EXPERIENCE the vibrant cultures and capitals of five West African countries: Senegal, The Gambia, Guinea-Bissau, Guinea and Sierra Leone.

EXPLORE the Abuko Nature Reserve, one of the last surviving examples of The Gambia’s tropical riverine forests.

DISCOVER the Saloum River and visit local fishing villages where houses are built of crushed shells.

ENJOY three days at the UNESCO Biosphere Reserve, the Bijagós Archipelago, a cluster of 88 pristine and seldom-visited islands.
Itinerary

**THURSDAY & FRIDAY, JANUARY 12 & 13**
**DEPART U.S. / DAKAR, SENEGAL**
Depart the U.S. on overnight flights, arriving in Dakar, Senegal’s dynamic capital. Upon arrival transfer to the Callisto for an overnight in port. Callisto (1/13:D)

**SATURDAY, JANUARY 14**
**DAKAR**
First settled by Europeans in the 15th century, Gorée Island, a major point in the trans-Atlantic slave trade, is now a UNESCO World Heritage site. Begin this morning with a short ferry ride to this historic island. Return to Dakar to visit the IFAN Museum of African Arts, one of West Africa’s best museums. Then explore the Marche Soumbedioune, a craft market with an exceptional variety of artisan workmanship, and enjoy a specially arranged visit to a contemporary artist’s studio. This evening, enjoy a welcome cocktail reception and a show of music and dance, for which Senegal is justly famous. Callisto (B,L,D)

**MONDAY, JANUARY 16**
**BANJUL, THE GAMBA**
Founded by the British early in the 19th century, Banjul is the capital and commercial center of The Gambia. Disembark in the morning and drive to the Abuko Nature Reserve, one of the last surviving examples of tropical riverine forests in the country. Within its confines are about 300 species of birds, as well as red colobus and callithrix monkeys. Continue to the Makasutu Culture Forest, a private nature habitat with beautiful woodlands and waterways. Enjoy lunch at the reserve before returning to Banjul to visit the National Museum, with exhibits that illustrate the history and culture of the country. Callisto (B,L,D)

**TUESDAY, JANUARY 17**
**BISSAU, GUINEA-BISSAU**
Part of the Mali Empire from the 13th to 15th centuries and a colony of Portugal from the beginning of the 16th century to 1974 when it gained independence, Guinea-Bissau is one of the smallest and least-visited countries in West Africa. Explore Bissau, the country’s friendly and peaceful capital, focusing on Bissau Velho (“Old Bissau”), where the streets are lined with houses dating from the colonial period. Also visit the Bandim Market, known for its good selection of strip-woven cloth, and the Centro Artístico Juvenil, where local artists specialize in wooden carvings. Callisto (B,L,D)

**WEDNESDAY THROUGH FRIDAY, JANUARY 18 TO 20**
**BIJAGÓS ARCHIPELAGO**
Spend three days exploring the Bijagó’s Archipelago, a cluster of 88 pristine and remote islands, of which only 23 are inhabited. The islands have been settled since prehistoric times by the Bijagó people, a matriarchal society in which women choose their husbands and the community is guided by female priests. Before the arrival of Europeans in the 15th century, the islands were a vital part of the trade routes along West Africa’s coast and were known for their residents oceangoing canoes that could carry up to 70 people. Fiercely independent, the Bijagó navy defeated the Portuguese when they attempted to conquer the islands in 1535. In fact, the Portuguese were unable to take control of the archipelago until 1936. The 25,000 Bijagó who live on the islands today still practice their ancient traditions and speak their ethnic language, in addition to Portuguese. The islands contain an impressive biodiversity and abundant flora and fauna, recognized as a UNESCO Biosphere Reserve. The islands’ pristine nature has been has been preserved partly due to the Bijagó animistic faith, which prohibits economic activities in many sacred areas, including bans on permanent construction. Callisto (B,L,D—ALL 3 DAYS)

**NOTE:** The itinerary in the archipelago will be governed by the tides, which in some places can be up to 20 feet. We expect to visit several of
the most important islands, including Orango, which is home to a rare species of saltwater-dwelling hippos; João Vieira, a site for the endangered Gray Parrot, and the heavily forested Canogo Island. In addition to discovering the natural riches of the islands, we will also have the opportunity to visit villages and meet their friendly inhabitants. There will also be opportunities to swim in the crystalline waters and enjoy the pristine white-sand beaches.

SATURDAY, JANUARY 21
CONAKRY, GUINEA / DUBREKA
Playing a major political role during the period of West Africa’s powerful empires from the 13th to 18th centuries and fought over by the Portuguese, British and French, Guinea is also rich in artistic traditions, especially music and dance. From Conakry, the country’s capital, drive to the pretty town of Dubréka and explore its nearby forests and the beautiful Soumba Waterfalls.

SUNDAY, JANUARY 22
FREETOWN, SIERRA LEONE
With its rich forest, nature reserves and white-sand beaches, Sierra Leone is one of West Africa’s most attractive destinations. In Freetown, explore the Sierra Leone Museum, which houses a wonderful collection of masks, drums and other artifacts; St. George’s Cathedral, completed in 1828; and the city’s colorful markets. Also visit the Regent Village, with its early 19th-century Krio-style houses, as well as the Tacugama Chimpanzee Sanctuary, home to abandoned and rescued chimps and set in beautiful surroundings. Dock in Freetown overnight and join fellow travelers for a farewell cocktail reception before dinner.

MONDAY, JANUARY 23
FREETOWN / U.S.
Disembark the Callisto in the morning and travel by local motorboat up the mangrove-lined Sierra Leone River to Bunce Island, a small islet covered in jungle and dominated by a massive ruined fort built by the British in 1670 as a slave trading post. Return to Freetown for lunch and time at leisure before transferring to the airport for our evening return flights to the U.S. KIMBIMA HOTEL—DAY ROOMS (B,L,D)

TUESDAY, JANUARY 24
U.S.
Arrive in the U.S. after overnight flights home.

Optional Pre-trip Extension to Mali
JANUARY 5 TO 13, 2012 (ADDITIONAL 9 DAYS)
Fly to Bamako, Mali, and continue on to Mopti to explore the Dogon region. Visit local villages, enjoy a Dogon mask performance and view the cliffside villages built into the escarpment. Take a full-day excursion to Djenné to explore the markets and the Grand Mosque. Faculty leader David Abernethy will provide a full education program of lectures on this extension. See the full itinerary and pricing online at alumni.stanford.edu/trip?africa2012.
The Callisto combines the comfort of a larger vessel with the intimacy of a small sailing yacht. All 17 air-conditioned cabins are exterior with large windows or portholes that look out to sea and feature generous storage space, telephone, TV/VCR/DVD, refrigerator and marble bathroom with shower. The yacht’s public areas include a spacious lounge, a dining room that accommodates all guests at a single seating, two broad decks for sunbathing and dining alfresco, and a library. The Callisto is served by a crew of 18 and is equipped with the latest navigational instruments, including satellite communication systems.

Flag: Greece / Length: 170 ft. / Beam: 27.8 ft. / Draft: 10.8 ft.

**Callisto**

**Program Cost**

Rates are per person, based on double occupancy unless otherwise specified.

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<tr>
<th>Category</th>
<th>Double</th>
<th>Single**</th>
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<tr>
<td><strong>D</strong></td>
<td>$10,995</td>
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<td>Daphne Deck, two twin beds, porthole.</td>
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<td>Average 130 sq. ft.</td>
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<td><strong>C</strong></td>
<td>$11,795</td>
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<td>Daphne Deck, two twin beds, porthole.</td>
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<td>Average 130 sq. ft.</td>
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<td><strong>B</strong></td>
<td>$12,995</td>
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<td>Leto Deck, two twin beds or one double bed, window.</td>
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<td>Average 125 sq. ft.</td>
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<td><strong>A</strong></td>
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<td>Leto Deck, two twin beds or one queen bed, window.</td>
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<td>Average 140 sq. ft.</td>
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* Association nonmembers add $200 per person.
** Single accommodations are limited.

* Cabin with full or queen-size bed
Information

DATES
January 12 to 24, 2012 (13 days)

SIZE
Limited to 34 participants.

INCLUDED
10-night cruise aboard the Callisto  •  Day rooms at the Kimbima Hotel, on 1/23  •  10 breakfasts, 10 lunches and 10 dinners  •  Welcome and farewell cocktail receptions  •  Open bar aboard the ship throughout the cruise  •  Bottled water on excursions  •  Gratuities to porters, guides, drivers and ship crew for all group activities  •  All tours and shore excursions as described in the itinerary  •  Transfers and baggage handling on program arrival and departure days  •  Visa fees  •  Port fees and embarkation taxes  •  Minimal medical, accident and evacuation insurance  •  Educational program with lecture series and pre-departure materials, including recommended reading list, a selected book, map and travel information  •  Services of our professional tour manager to assist you throughout the program

NOT INCLUDED
International and U.S. domestic airfare  •  Passport fees  •  Immunization costs  •  Meals and beverages other than those specified as included  •  Independent and private transfers  •  Trip-cancellation/interruption and baggage insurance  •  Excess-baggage charges  •  Personal items such asemail, telephone and fax calls, laundry and gratuities for nongroup services

AIR ARRANGEMENTS
International and U.S. domestic airfare is not included in the program cost. Round-trip, economy-class airfare on Air France from San Francisco to Dakar, Senegal, and returning from Freetown, Sierra Leone, to San Francisco is approximately $1,900 as of May 2011 and is subject to change without notice. Information on recommended flight itineraries will be sent by our designated agent.

FUEL COSTS
In the uncertain, often volatile oil market of late, it is difficult to predict fuel costs over the long term and, more specifically, at the time of operation of this voyage. Our prices are based upon the prevailing fuel rates at the time of brochure printing. While we will do everything possible to maintain our prices, if the fuel rates increase significantly, it may be necessary to institute a fuel surcharge.

WHAT TO EXPECT
We consider this program to be mildly active. Most of our touring off the Callisto is done by motorcoach and small boats. Several excursions involve short walks through markets or museums and may include stairs without rails, high thresholds and uneven terrain such as unpaved paths. Please note that one or two of the walks in the Bijagós Archipelago will involve a 1–2 hour roundtrip walk. Travelers will also have ample opportunity to take in the beautiful West African coastal scenery from the comfort of our ship. West Africa’s tourism industry is developing, thus patience with local service standards will greatly improve one’s enjoyment of the trip. Medical treatment and care are not always available or up to U.S. standards and there is no doctor available onboard the Callisto. Participants must be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.

Deposit & Final Payment
A $1,000 deposit is required to hold space for the Passage into West Africa program. An additional $200 deposit is required to hold space for the Optional Pre-trip Extension to Mali. Complete and return the attached reservation form or sign up online. Final payment is due 120 days prior to departure. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

Cancellations & Refunds
Deposits and any payments are fully refundable, less a $500-per-person cancellation fee, until 120 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) can be resold, in which case a $1,000-per-person cancellation fee will apply. We recommend trip-cancellation insurance; applications will be sent to you.

Insurance
Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. We strongly recommend that you subscribe to optional baggage and trip-cancellation insurance. A brochure offering such insurance will be mailed with your confirmation about one week after we receive your deposit. The product offered in this brochure includes a special Waiver of Pre-Existing Conditions and coverage for Financial Insolvency and Terrorist Acts if you postmark your insurance payment within 15 days of the date listed on the confirmation letter.

Eligibility
We encourage membership in the Alumni Association as the program cost for nonmembers is $200 more than the members’ price. Parents and their children under 21 may travel on one membership. For more information or to purchase a membership, visit alumni.stanford.edu/goto/member or call (650) 725-0692.

Responsibility
The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motorcoach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. It is understood that the ship’s ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. Baggage is carried at the owner’s risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not onboard their plane or conveyance. Neither the Alumni Association, Stanford University nor our operators accept liability for any carrier’s cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in May 2011 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign a Release of Liability.

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Stanford Faculty Leader

DAVID ABERNETHY, professor emeritus of political science, specializes in the history and politics of sub-Saharan Africa and other non-Western regions. His book, *The Dynamics of Global Dominance: European Overseas Empires, 1415–1980* (Yale, 2000), surveys the rise and fall of European empires and asks how and why these empires took shape, persisted and finally fell.

“We have an exciting opportunity to visit the coastal zones of five West African countries, some of them rarely seen by outsiders. We’ll experience common features of the cultures and economies of these lands,” says David. “We will also experience differences: in ethnic traditions, in the legacies of three European colonial powers and in the political regimes Africans established after independence. Our challenge will be to identify the causes and consequences of the similarities and of the differences.”

On this program, Professor Abernethy will discuss the West African coast’s role in the transatlantic slave trade from the 15th to 19th centuries; British, French, and Portuguese colonial policies in theory and practice; African nationalism and the move to independence, contrasting the peaceful transitions in Senegal, the Gambia, and Sierra Leone with the turbulent transitions in Guinea and Guinea-Bissau; and the very different political paths these five countries have taken after independence.

- Joined Stanford’s department of political science in 1965, retiring in 2002
- Taught courses on politics in tropical and southern Africa, twice chairing the University’s Committee on African Studies
- Recipient of two Dean’s Awards for teaching excellence, the Alumni Association’s Richard W. Lyman Award for faculty volunteer service and the Lloyd W. Dinkelspiel Award for contributions to undergraduate education
- BA and PhD, government, Harvard University; MA, philosophy/politics/economics, Oxford University

“David Abernethy’s outstanding lectures not only informed us, but also challenged us to seek a better understanding.”

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Reservation Form

Passage into West Africa

January 12 to 24, 2012

I/We have read the Terms and Conditions for the program and agree to them. Signature ____________________________

If this is a reservation for one person, please indicate:

- I wish to have single accommodations.
- OR I plan to share accommodations with ____________________________
- OR I’d like to know about possible roommates.

Category Preference:

1st choice: ____________________________  ____________  ____________  __

2nd choice: ____________________________  ____________  ____________  _

Here is my deposit of $________ ($1,000 per person) for ___ space(s) plus $______ ($200 per person) for the Optional Mali Pre-trip Extension.

- Enclosed is my check (make payable to Stanford Alumni Association) OR
- Charge my deposit to my: ☐ Visa ☐ MasterCard ☐ American Express

CARD # EXPires ____________________________

AUTHORIZED CARDHOLDER SIGNATURE DATE ____________________________

Mail completed form to address on mail panel or fax to (650) 725-8675 or place your deposit online at alumni.stanford.edu/trip?africa2012. Please submit your reservation only once to avoid multiple charges to your account.
“Stanford provides an outstanding travel experience on all levels – the depth of the learning experience, the accommodations and amenities, and interesting and enjoyable fellow travelers.”

GLORIA COREY, ’55, STANFORD TRAVELER